

2019/20



Your business travel,
surrounded by nature

manual of sales




VAL D'ARAN
Era essència des Pirenèus

www.visitvaldaran.com

INTRODUCTION

This is the new Sales Manual of the **ARAN NATURA CONVENTION BUREAU**. It is our hope that this becomes an essential element in the process of demonstrating the high standard of facilities and attractions which make up the Val d'Aran.

The Val d'Aran is a territory where, in a natural environment and all year round, our visitors can enjoy the variety of leisure and recreational opportunities that this high mountain destination offers. The combination of facilities, which are at the level of the most demanding European standards, with a modern and cosmopolitan society, which has been able to preserve the essence of its history, along with its millennial cultural and patrimonial heritage has converted the Val d'Aran into a first class tourist destination.

In a unique natural environment, which is difficult to compare with any other territory, the Val d'Aran with its first class hotel and tourism options puts at our clients' disposition all the services, facilities and complementary activities to help you organize your meetings and your business trips.

The complementary tourist options of the Val d'Aran have converted it into one of the destinations with more variety and quality in Southern Europe.

In this manual you will find all the information you need to ensure that your business trip be a very satisfactory experience.

7 REASONS FOR CHOOSING THE VAL D'ARAN

1 The exclusivity of its **tourist facilities**, based among other things on quality and variety in lodging. 12,000 rooms, 3,000 of which are found in 4 and 5 star hotels, 2 are National Paradors... well-kept buildings where luxury, well-being and harmony are found in every corner.

2 This exclusivity is also reflected in its **gastronomy**, where quality and diversity invite us to savor everything from traditional dishes, to culinary trends, always with the best products of the region. The "òlha aranesa" a typical Aranese dish prepared in more than 100 different ways, caviar and sturgeon produced in the Val d'Aran and the warm hospitality of the hosts and the perfect surroundings will make each meal a unique experience.

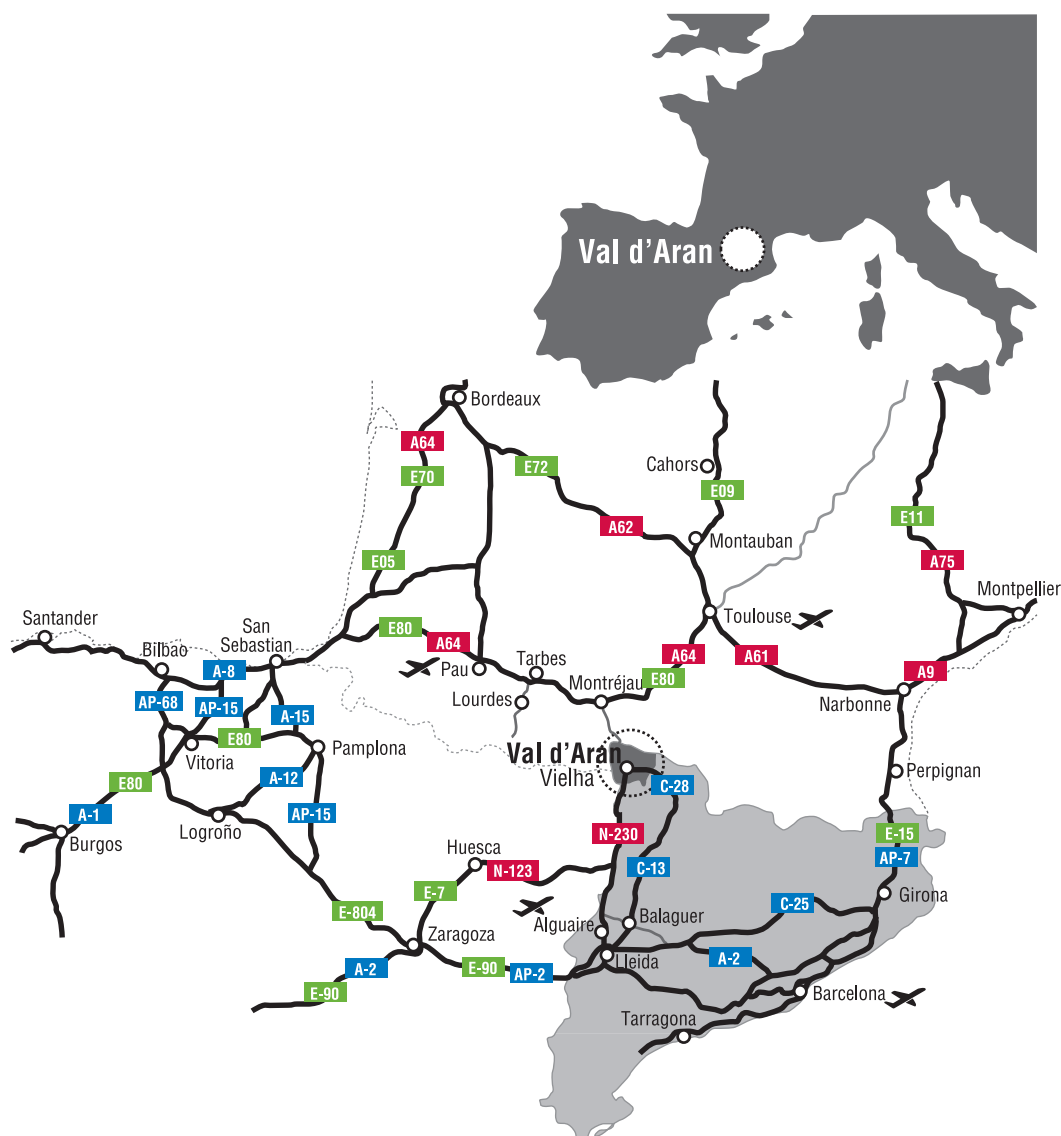
3 Being the home of the best ski resort of the Pyrenees, **Baqueira Beret** provides skiers with the best quality of snow imaginable, an assortment of last generation facilities and an exclusive service.

4 The Val d'Aran is the only area of the Pyrenees that, due to its isolated geography for years, has maintained its **culture**, its **language** -Aranese- and its **traditions** practically intact. All of these can be seen in its 33 mountain villages which allow us to discover the **hospitality of its people** and its rich **cultural heritage**.

5 For its spectacular **natural surroundings**, with more than 300 km of marked trails for all levels, for biking or walking, you will discover the magic of its lakes, of its waterfalls, of its forests, of peaks of more than 3,000 meters and unspeakable sceneries of incredible beauty. Its strategic location at the gates of the D'Aigüestortes i Estany de Sant Maurici National Park, the only National Park of Catalonia, enhances its wonder.

6 Due to its event planning capabilities. The infinite possibilities for **outdoor activities** allow you to create tailored programs, unique, original and appealing for every event. From snowshoeing, deep skiing excursions, heli-skiing down slopes of fresh snow, a scenic flight or activities on horseback, with dogs or snowmobile in winter or adventure parks, rafting down the Garonne River, horse riding excursions, etc. all year.

7 And finally for an endless variety of reasons that you will discover for yourself and from the **ARAN NATURA CONVENTION BUREAU** we invite you to visit.



HOW TO GET THERE:

ROAD:

Access to the Val d'Aran on road through the N-230, or the C-28.

PLANE:

The villages with airports near the Val d'Aran are as follows:

Lleida Airport: 145 km
Pau Airport: 157 km
Tarbes Airport: 161 km
Toulouse Airport: 166 km
Zaragoza Airport: 290 km
Barcelona Airport: 350 km

Movement between these villages of the Val d'Aran should be done by means of road transport (public bus, automobile, taxi).

TRAIN:

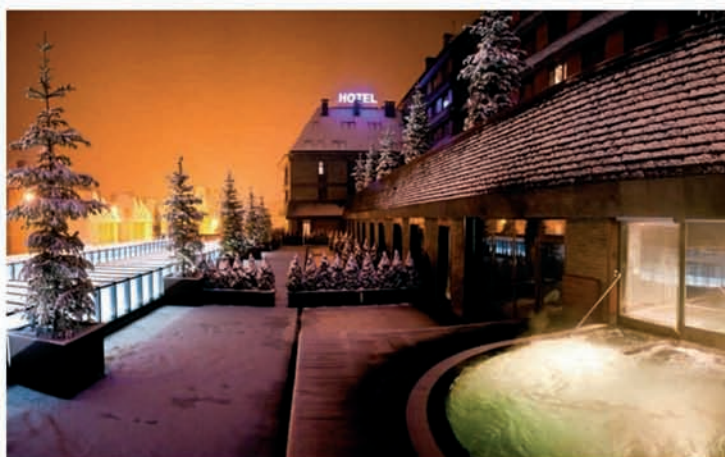
The nearest cities with a train station:

Lleida: 165 km
Montrejeau (France): 60 km
Luchon (France): 40 km

Movement between these villages of the Val d'Aran should be done by means of road transport (public bus, automobile, taxi).

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The hotel Val de Neu is a 5 star hotel located in the Central Pyrenees within the famous ski resort, Baqueira Beret. Purpose built in the Ruda 1500 complex, next to the new shopping gallery and most importantly, only 50 meters away from the recently built new ski lift which will take you directly to the world-class ski slopes of Baqueira Beret. Its closeness to the slopes, its exquisite decoration combining wood and slate and its stunning views to the mountains make this hotel the perfect option to enjoy your best ski holidays.

ACCOMMODATION

120 Rooms & Suites

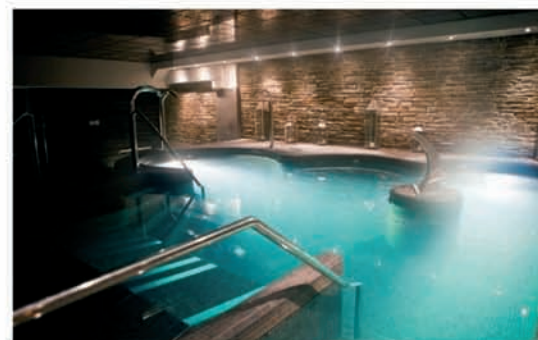
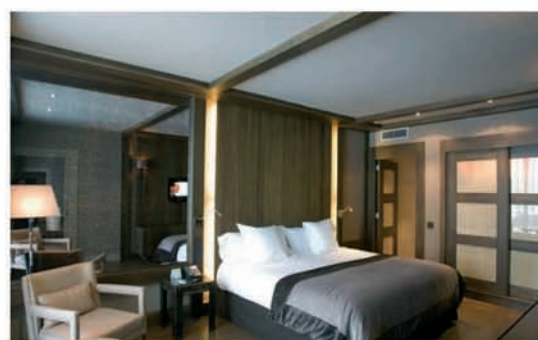
- 83 Neu Classic
- 4 rooms for physically challenged
- 4 Neu Junior Suites
- 12 Neu Superior
- 10 Suites (6 Duplex Suites and 6 Family Suites)
- 4 Neu Real Suites

IN ROOM AMENITIES

24 hour Room Service, LCD TV, Satellite TV, Turndown service, Wi-Fi Internet Access, Minibar. In-room safe, Wake-up Service, Pillow Menu, Bathroom amenities, Closet, Direct dial telephone, Individually Controlled, Heating system, Full bathroom, Hairdryer in bath, Magnifying mirror in bath

HOTEL FACILITIES

The hotel Val de Neu offers everything needed to provide our customers with a stay to remember continuously aiming to exceed the needs of our most demanding clients.



MEETING FACILITIES

The hotel Val de Neu offers 3 different meeting rooms equipped with the latest technologies in A/V. This together with our high quality of service will make your event at the Hotel Val de Neu a successful one and surely an experience to remember and repeat in the future.

Rooms	M2	Height	School	Theater	Banquet	Cocktail
Bonaigua	54	2,70	20	30	24	40
Baqueira	73	2,70	36	50	36	60
Beret	73	2,70	36	50	36	60
Aneto	112	3,00	80	120	60	110
Val de Arán:	200	2,70	85	180	100	200
Bonaigua + Baqueira + Beret						



★★★★★ GL

HOTEL VAL DE NEU

Tel. 973 63 50 00

BAQUEIRA

hotelvaldeneu@h-santos.es

www.hotelbaqueiravaldeneu.com



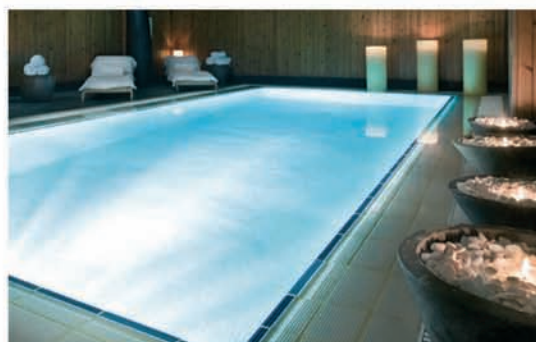
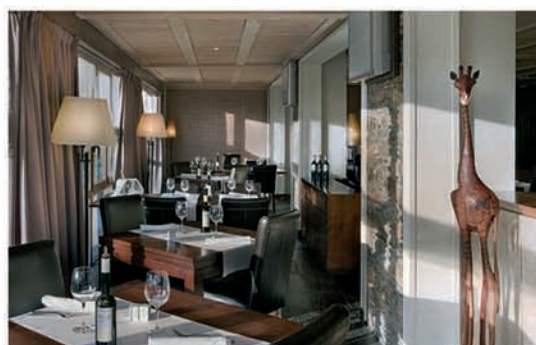
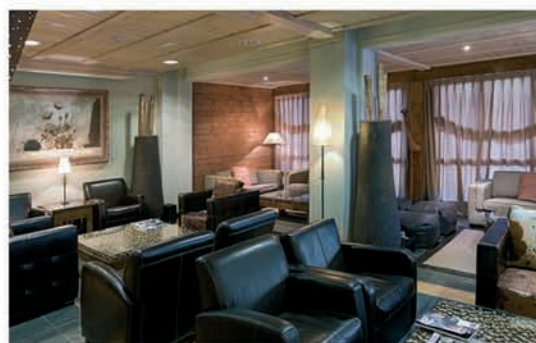
Rafaelhoteles by La Pleta is an exclusive five-star hotel located in the heart of Spanish Pyrenees, in front of Baqueira-Beret ski resort.

The hotel offers a wide range of fully tailor-made services to live unforgettable experiences. From pillow selection to the most exclusive health and beauty treatments, the hotel includes special and unique facilities with incredible views overlooking of the Aran valley.

68 rooms fully equipped with floor heating, DVD (the hotel has its own video library), bathrooms menu, Wi-Fi and 24 hour room service. Some rooms have capacity to accommodate 3 or 4 people and there is an incredible Presidential Suite with balcony, jacuzzi included.

The hotel features a spectacular spa with the principal objective of creating a perfect balance between body, mind and ancient Pyrenees traditions. Occitania Spa, "one of the most romantic spas" by US press, completes the facilities with an indoor pool, a water circuit or an exclusive list of massages and beauty treatments.

The gastronomic offer is compounded by diverse restaurants with authentic gourmet spaces created to delight the finest palates. The hotel has three restaurants: Del Gel al Foc, with creative Catalan cuisine; La Pleta Sushi Restaurant, a Japanese restaurant with show cooking; and Petita Borda, specialized in local dishes.



MEETING ROOMS AND SERVICES

Rafaelhoteles by La Pleta is ideal for all kinds of events and incentives: from product presentations to mountain adventure activities, all accompanied by the most exclusive organization and attention.

The hotel has a meeting room of 71 sqm with a capacity for events up to 70 people. The meeting room is an open space with natural daylight and fully equipped with Wi-Fi, screen, projector and video conference (on request).

The professional offer is compounded by different activities scheduled from the hotel in order to complete this unforgettable stay. Ski activities, cultural visits, gastronomic tourism, mountain activities ... a special experience only in Rafaelhoteles by La Pleta.



MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1 A	A / 70	68	YES



i ★★★★★
RAFAELHOTELES BY LA PLETA

Tel. 973 64 55 50
BAQUEIRA
reservas.lapleta@rafaelhoteles.com
www.lapleta.com

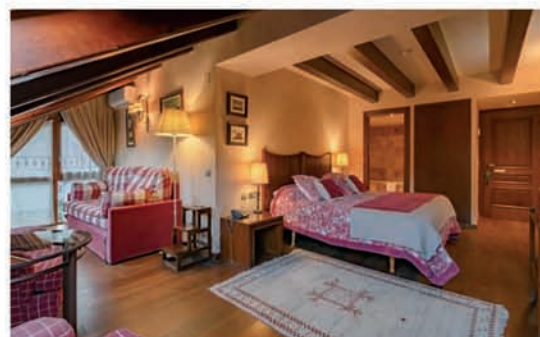


In Arties, in the heart of the Val d'Aran, and only 6 km from the ski resort Baqueira Beret, the hotel Casa Irene opens its doors. Our **22 rooms** present ceilings with wood beams and are equipped with satellite TV, direct telephone and modern bathrooms. Many rooms offer excellent views of the mountains. There is free wifi throughout the establishment, and we also have a bar, an excellent restaurant, ample gardens, a ski room and a spa.

Casa Irene restaurant serves a wide variety of modern dishes and Pyrenean specialties in a warm and cozy environment. In our spa we offer massage services, sauna, turkish bath, jacuzzi, contrast shower and an indoor swimming pool.

In casa Irene you can also celebrate your special events in our beautiful space located in the heart of the mountains, **Es Bordes dera Artiga**.

We offer free parking and a bike rental service. You can also enjoy horseback riding in the surroundings, or go trekking around the Aigüestortes National Park. The valley's capital, Vielha, is only 6 km away.



CONFERENCES AND EVENTS

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
2 B	B / 80 - B / 60	22	YES
2 B (Bòrda Valarties)	B / 300 - B / 100		



★★★★
HOTEL CASA IRENE

Tel. 973 64 43 64

ARTIES

info@hotelcasairene.com

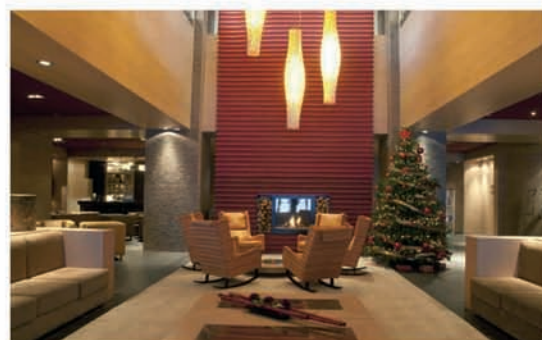
www.hotelcasairene.com



Hotel Himàlaia Baqueira is situated at the foot of the ski slopes of the modern and well-known Aranese ski resort “Baqueira-Beret”, next to the new cable car built 1,500m above sea level in the Ruda Valley with direct access to the ski resort. Modern and elegant, the hotel's decor is inspired by the culture from the Himalaya. Objects, paintings and sculptures designed by Nepalese artists decorate the hotel creating an elegant and unique atmosphere.

The hotel offers **141 rooms** on 7 floors. 117 double rooms, 21 duplex, 3 junior suites and 4 wheelchair accessible rooms. All equipped with the latest technology and great detail.

Among other services the hotel has several meeting rooms suitable for any type of event, a café, bar Bajo Zero, buffet, a la carte restaurant, a TV lounge, parking for 85 cars, internet room, spa, children's activities and a professional team of guides available for all types of activities and excursions in the area.



CONFERENCES AND EVENTS

3 Multi-use Rooms

Every meeting has one purpose with particular protagonists and specific needs. To adapt to each case, we have 3 multi-use rooms which can comfortably hold from 18 to 115 guests.

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
EVEREST	210 PAX	141	SI
K-2	130 PAX		
KARAKORUM	35 PAX		

Exterior Adaptable Terraces

The landscape motivates and, thus, our 1500m2 terrace is prepared to build outdoors tent structures for the organization of cocktails and presentations.

CAPACITY	SALA EVEREST (K2 + KARAKORUM)	SALON K2	SALON KARAKORUM	SUBCOMISIONES (4 PRIVADOS)
TEATRO	210	110	35	16
ESCUELA	170	110	20	12
BANQUETES "U"	100	80	10	8
CÓCTEL	33	33	15	12
M.IMPERIAL	210	130	35	12
	36	30	14	10



★★★★ HOTEL HIMÀLAIA

Tel. 973 63 53 00

BAQUEIRA

recepcion.himalaiabaqueira@groupepvc.com

www.himalaiabaqueira.com



The **4-star Hotel RV Tuca** is located in the heart of Valle de Arán, just 10 minutes from Baqueira/Beret ski resort and just a few minutes from the Vielha shopping centre. It is a very peaceful area, perfect for relaxing.

Rooms:

The Hotel has 115 outdoor facing rooms with fully fitted, refurbished bathrooms and views of the Valley. All rooms are equipped with hair dryer, free safety deposit box, minibar, Wi-Fi, digital satellite TV and music channel.

Services:

It complements its services with a restaurant, bar-café, social rooms, meeting and banquet rooms, special smoking room, games room with Internet connection, free Wi-Fi, indoor heated swimming pool, garage and external hotel car park. There is an extensive programme of free excursions and activities in summer. Free transfer to the ski slopes with limited places in the Winter (not available on Sundays). Located in a strategic area for visiting the Aiguestortes National Park and the Llac de Sant Maurici and just 30 minutes from the famous Sant Bertrand Cathedral in Cominges, France.

Restaurant

Style: Regional, national and fresh market cuisine.

Seating Capacity: 200



CONFERENCES AND EVENTS

	CAPACITY		
	SALON PRINCIPAL	TUCA	ARAN
M2	550	180	95
BANQUETE	230	120	70
COCKTAIL	180	170	100
ESCUELA	120	100	60
IMPERIAL	100	40	40
TEATRO	60	30	30



★★★★ **HOTEL RV TUCA**

Tel. 973 64 07 00
BETREN
reservas@hoteltuca.com
www.hoteltuca.es



The Hotel Montarto is a 4-star establishment located in Baqueira Beret's development at the 1,500 meter elevation level.

It features easy access to the area's main services and facilities: medical center, pharmacy, banks, supermarket, bus stop, restaurants, bars, disco, etc.

The hotel lists 143 rooms: single, double, rooms for over two guests, connecting rooms, suites, etc.

ROOM APPOINTMENTS:

All the hotel's rooms face outside, with plasma screen televisions, Spanish and international channels, piped music, a safe, wake-up service, and a complete bathroom, with an outside window.

SERVICES:

The hotel offers its guests three restaurants and a Drinkery

Pub: the Perdiu serving up international cuisine and a variety of menu combinations, thr Borda Lobato with local fare typical of the Val d'Aran and the Wine Bar Viña Pomal with a complete selection of servings, such as chicken croquettes and beef sirloin toasts, as well as the day's fresh: razorclams, crayfish, oysters, etc. The Drinkery Pub is conceived for the après ski.

Our cafeteria, featuring live piano music, is a favorite haunt for many skiers. We also offer a spa; two heated, indoor 100 m² swimming pools; a gymnasium, ski rental, sports area, game room, store and free Wi-Fi.

For the summer there are paddle tennis, tennis and basketball courts, in addition to bicycle rental and repair, a lineup of mountain activities, guided bike rides, and auxiliary transport.

MEETING ROOMS:

The Hotel Montarto has different meeting rooms equipped with all the technological features and services in general to ensure that your meeting or event is a success.
Capacities: to 150 people

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1 A 1 B	A / 70 B / 30	143	SI



★★★★

HOTEL MONTARTO

Tel. 973 63 90 01

BAQUEIRA

montarto@baqueira.es

www.montarto.com



Opening its doors in 2002, the Tryp Vielha Baqueira hotel belongs to the Meliá Hotels International chain. In the center of Vielha, it enjoys an ideal natural location right by the Garona River. Located just 20 minutes from Baqueira Beret's ski slopes and 200 meters from Vielha's "ice palace," the hotel represents a great point from which to access all the sports and cultural activities the Valley has to offer.

ROOMS AND FACILITIES

95 exterior rooms over 4 floors, 79 rooms, 15 Duplex, 1 Junior Suite, Air Conditioning, satellite TV / Canal Plus / Phone, Wi-fi in common areas, Minibar / Safe in rooms, Spa, Swimming pool, Jacuzzi, mini-gym, Relaxation room with loungers thermal, Sauna and Turkish bath.

DOUBLE STANDARD ROOM

Quiet rooms, all with mountain views and equipped with every comfort. These rooms have a "queen size" bed (inquire for availability when booking) or two single beds. Approximately 20 m2. All rooms have a comfortable and functional decoration, specially designed to enjoy any type of stay: holiday, business trip The rooms are equipped with all the details to spend pleasant days in the mountains.

DUPLEX ROOM

Comfortable rooms, loft with mountain views with every comfort. These rooms have extra "queen size" or 2 single beds in the election.

The rooms total approximately 38 m2 on 2 levels:

- Lower floor with lounge with TV, sofa bed and bathroom.
- First floor with bedroom and bathroom as well as a desk and chair.



MEETING ROOMS:

To ensure the success of the event, we offer you our multi-function rooms

Rooms	M2	Height	CAPACITY			
			Theater	School	Banquet	In "U"
Aneto	91	3	120	80	80	40
Portillón	91	3	80	60	60	40
Pirineus	175	3	200	140	140	40



★★★★ HOTEL TRYP VIELHA BAQUEIRA

Tel. 973 63 80 00
VIELHA
tryp.vielha@melia.com
www.melia.com

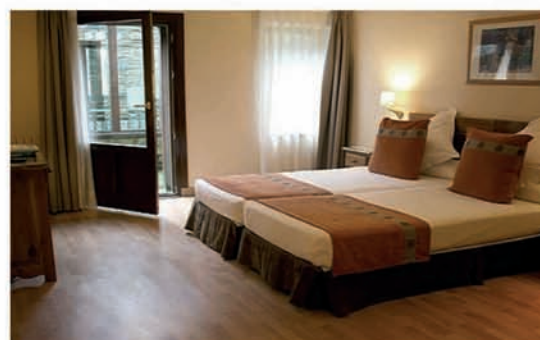


The Vilagaròs Hotel and Apartments are located in the heart of the Val d'Aran, in the town of Garòs, considered one of the Pyrenees' most beautiful for its harmonious architecture and traditions. It lies just eight kilometers from the slopes of Baqueira Beret, and just 4 km from Vielha's leisure and shopping facilities.

The hotel offers 45 rooms, double-duplex and premium, to meet all your lodging needs. Its apartment area offers guests Type II or Type III accommodations, depending how they are to be occupied.

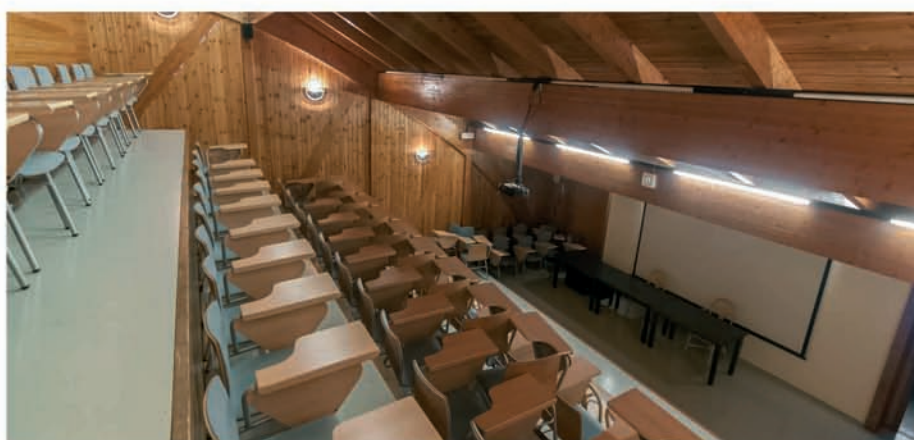
Its services are rounded out by:

- 1 pizzeria, open during the winter, offering take-out.
- 1 restaurant serving typical dishes from the Valley, like its olla, salads and grilled meats, in addition to international offerings.
- A-la-carte massage services, relaxation area, gym: heated, indoor swimming pool and a pleasant private terrace.
- Garage and facilities to repair and store bicycles.
- In the winter, ski storage with central heating and transport to the slopes (mini-bus service, accepting reservations)
- The Valley's only hotel with an auditorium for 80-90 people, with the equipment necessary for presentations and classes.
- Sala Baqueira, a cozy, light-filled space for smaller meetings.
- Transport to Vielha for small groups, on demand.



MEETING ROOMS:

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1 A	A / 60	60	YES
1 B	B / 40		



★★★★
HOTEL VILAGARÒS

Tel. 973 98 23 71

GARÒS

reservas@hotelvilagaros.com

www.hotelvilagaros.com



A magnificent spa from the inside of which you can see the majestic Pyrenees while you enjoy resting and the pleasurable feeling of the relaxing power of the water.

A spa to be enjoyed at any time of year, after an enthralling day's skiing or after a day out exploring the green valleys and forests which these lands hold. A place to relax body and mind while discovering thousands of charming spots in the Lerdian Pyrenees.

Many of the hotel's bedrooms have views of the valley and terrace. The restaurant serves olla aranesa (a local stew), wild boar and pescajus (pancakes) with cream.

Come to the Parador de Vielha for an unforgettable experience. Let the beauties of the Arán valley bewitch you, and relax in the Spa of the Parador.



CONFERENCES AND EVENTS

Rooms	M2	CAPACITY					
		School	Theater	Banquet	Cocktail	Conference Tables	Work Tables
Batallé	30	--	15	--	--	12	12
Tuca	60	30	40	20	30	20	15
Casau	315	80	120	240	300	50	50
Garona	428	80	120	240	300	50	50
Sala de Juegos	27	--	15	--	--	12	12
Val d'Aran	276	--	--	300	400	--	--





★★★★

**PARADOR DE
VIELHA**

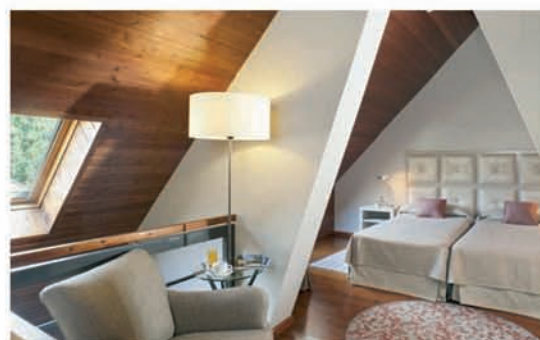
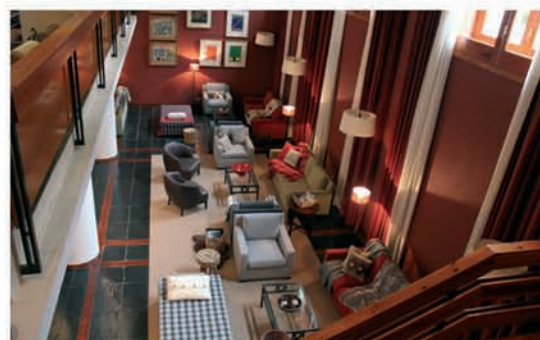
Tel. 973 64 01 00
 VIELHA
 viella@parador.es
www.parador.es



The hotel is located in Val D'Arán, only 7 km. from Baqueira, amongst the Catalan Pyrenees. The landscape's main features can be seen from the Parador and they include forests, winter snow-capped mountains, and summertime greenery.

The hotel is in keeping with the local architectural style and occupies the Casa de D. Gaspar de Portolá, named after the man who discovered California. The bedrooms have sloping ceilings with exposed beams. The Parador also has numerous conference rooms including the outstanding Salón Chimenea. Its welcoming rooms invite rest and relaxation within an ideal setting for outdoor activities.

The cuisine is influenced by regional specialities such as olla aranesa (stew), trucha a la llosa (local trout dish), civet de jabalí (wild boar stew) and pescajus de Arties (brandy flavoured pancakes).



CONFERENCES AND EVENTS

Rooms	M2	CAPACITY					
		School	Theater	Banquet	Cocktail	Conference Tables	Work Tables
Hostería	109	50	120	100	150	60	50
Valarties	59	35	60	50	60	40	35
Montarto	62	35	60	50	60	40	35
Chimenea	24	--	--	15	25	15	15
Chimenea para banquetes	256	--	--	230	350	--	--





★★★★★

PARADOR DE ARTIES
 Tel. 973 64 08 01
 ARTIES
 arties@parador.es
www.parador.es



This cozy family hotel is situated in the heart of Vielha and features 39 large and bright rooms, 4 of them with whirlpool.

Enjoy magnificent views of the mountains of the Vall d'Aran. The hotel is only 13 km from the ski resort Baqueira/Beret and 600 metres from the ice palace away. In a few minutes you can reach the unique thermal bath "Hot Springs Baronia Les."

The perfect choice for your holidays in the mountains and an ideal starting point for practicing all types of adventure sports.

Hotel Facilities General

24-Hour Front Desk, Terrace, Non-Smoking Rooms, Family Rooms, Elevator, Safety Deposit Box, Heating, Luggage Storage, Gay Friendly, Ski Storage, All Public and Private spaces non-smoking.

Activities

Golf Course (within 3 km), Fishing, Skiing, Solarium, Hiking, Cycling, Horse Riding, Ski School.

Services

Laundry, Dry Cleaning, Ironing Service, Packed Lunches, Tour Desk.

Internet

Wi-fi is available in the entire hotel and is free of charge.



Guest Parking

Private parking is possible on site.

Hotel Policies

These are general hotel policies. As they may vary per room type; please also check the room description.

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
Vista Gausac	40	39	NO
Vista Tuca	30		



★★★ **HOTEL ETH SOLAN**

Tel. 973 64 02 04

VIELHA

hotel@hotelethsolanvielha.com

www.hotelethsolanvielha.com



The Hotel Tuc Blanc offers you a comfortable, well equipped venue for organising any type of event with the added attraction of the tranquillity and relaxation afforded by a setting of unique natural beauty.

The hotel is now pleased to offer you TUC BLANC BUSINESS, a new service designed to help you organise any kind of event in Baqueira. All you have to do is decide what type of event you would like and choose your guests; Tuc Blanc will take care of everything else.

With the new TUC BLANC BUSINESS service you can delegate all the preparation and logistics details and just enjoy the hotel and your “turnkey” event.

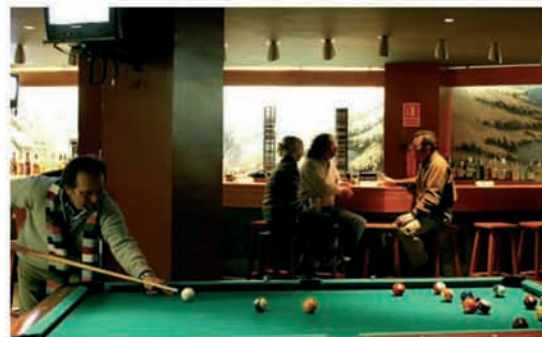
A Privileged Setting

The hotel is right next to the ski resort. All rooms have a full bathroom, telephone, heating, piped music, satellite TV and a safety deposit box.

The hotel’s **catering service** offers a wide variety of dishes for both breakfast and dinner, served in its **150-seat restaurant**.

Excellent Facilities

Bar-cafeteria with terrace, restaurant, games room, library, heated indoor swimming pool, solarium, two saunas, panoramic jacuzzi, Turkish bath, parking garage and the “TUC NERE” music pub.



Complementary Services

Physiotherapy consultancy with health and beauty treatments (anti-stress, therapeutic and shiatsu massages), reading room and two shops.

Entertainments Team and Permanent Information Point

In winter our mountain guide team organises all types of fun ski activities to help you get to know the Baqueira ski resort.

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1 A	220	200	SI

CAPACITY	SALÓN TUC
TEATRO	220
ESCUELA	100
BANQUETES	140
"U"	50
CÓCTEL	170
M.IMPERIAL	50



★★★

HOTEL TUC BLANC

Tel. 973 64 43 50

BAQUEIRA BERET

booking@hoteltucblanc.com

www.hoteltucblancbaqueira.com

CAMPING VERNEDA



The Camping Verneda's environment and facilities make it the ideal place for holding any type of event tourism-related business event.

Verneda campsite has modern Verneda wooden houses equipped with all amenities, plus all the facilities such as restaurant and bar, heated outdoor pool, lounge and meeting room equipped with projector and a capacity for 60 people.

Verneda Campsite, a place where the group will enjoy from all our facilities with no need of driving. And, what is more, all this surrounded by the Baricauba forest environment.



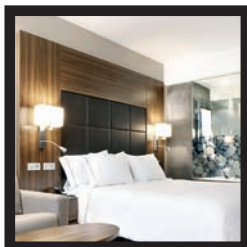
MEETING ROOMS	CAPACITY
1 A	A / 60
1 B	B / 50



CAMPING VERNEDA S.L.

Tel. 973 64 10 24 / 606 75 63 93
PONT D'ARRÒS
info@campingverneda.com
www.campingverneda.com

other LODGING



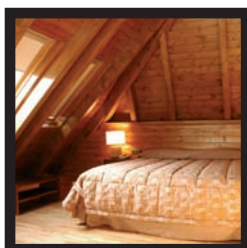
★★★★★

HOTEL AC BAQUEIRA

Tel. 973 64 59 61 / BAQUEIRA

direc.acbaqueira@ac-hotels.com / www.hotelacbaqueira.com

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1 A	A / 65	102	SI



★★★★

HOTEL PENHA

Tel. 973 64 08 86 / PÒNT D'ARRÒS

info@hotelpenha.com / www.hotelpenha.com

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1 A	A / 40	49	SI



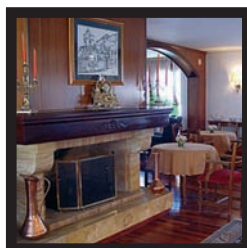
★★★

HOTEL SEIXES

Tel. 973 64 54 06 / BAGERGUE

seixes@seixes.com / www.hotelseixes.com

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
2 B	B / 10 B / 30	17	SI



★★★

HOTEL FONFREDA

Tel. 973 64 04 86 / VIELHA

info@hotelfonfreda.com / www.hotelfonfreda.com

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1 B	B / 50	26	NO



★

HOTEL BESIBERRI

Tel. 973 64 08 29 / ARTIES

info@hotelbesiberri.com / www.hotelbesiberri.com

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1 B	B / 30	20	NO



alps
A R A N

We specialize in:

Design and production of custom events. Incentives for companies
Team Building. Product Presentation. Corporate Meetings. Organization of competitions. Activities for guests with disabilities
campus. Continuous training for managers.

Activities:

Winter sports (skiing, snowboarding, skiing, Downhill skiing ...). Winter sports adapted. Dog Sledding. Snowmobiles. Soccer Campus. Campus activities in the natural environment. Language Campus. Adventure sports. Outdoor activities. Wellness & Relax
gastronomic routes. Gastronomic activities (hiking Skewers, wine tasting, and ...) Romanesque Road

ALPS focus on developing services:

- **Design and Event Management**
- **Sports Management**

Our philosophy: **Creativity, exclusivity and service** are our core values, to provide effective responses to the needs of our customers.

In ALPS develop exciting activities that serve as motivators and catalysts of the target, aimed at strengthening relations group.

We think that the perception of a brand is based on several factors, customer experiences with the brand is essential.

Unique and exciting experiences strongly deepen the public's view of the brand.

All activities of ALPS are designed to provide maximum quality, originality, user satisfaction and enjoyment.

Not to mention the safety aspects in all proposed activities and the appropriate degree of professionalism and our staff.

In addition to the proposals offered in this presentation, we can adapt and generate novel views activities requested by our customers.

Discover the Aran Valley, nature, wildlife, landscapes, is partly self-discovery, which is why we encourage you to come and meet him.



ALPS ARAN

Tel. 973 64 41 86

SALARDÚ

info@alpsaran.com

www.alpsaran.com

TRAVEL AGENCY

BAQUEIRA BERET

VAL D'ARAN
Era essència des Pirenèus



Baqueira Beret travel agency, boasting more than 30 years of experience in the ski travel sector, offers you all the information you need for the organization of your stay in the snow: hotels, lift tickets, ski classes, last-minute deals, and, if you need us to, we will tailor a trip just for you. Baqueira Beret offers you customized attention capable of meeting every client's needs, whether for professional or leisure travel. Baqueira Beret has offices in Barcelona, Madrid, Toulouse, as well as in the Val d'Aran.



BAQUEIRA BERET

Tel. 973 639 000

BAQUEIRA

viajes@baqueira.es

www.baqueira.es

EVENT ORGANIZATION COMPANIES AND
TRAVEL AGENCIES

SUN SKI TRIPS



With a team of 100% ski lovers, Sun Ski Trips specialises in international clientele. We take care of activities, guides, accommodation, transport... You can count on a professional and dedicated team that will make sure you will experience the best of Baqueira.

Let us inspire you with a program that offers a mixture of nature, sports and high-quality gastronomy. Ideas and suggestions tailored to your needs. We can help you with all event-related aspects such as venue sourcing, team building and unique experiences.

Our goal is to exceed your event expectations; that's what we're here for, and that's why we will love you consider us for your next event! Contact us to live unique and memorable experiences and get the best of Baqueira and the Aran Valley.

DMC, corporate ski trips, team building, incentive trips, product launches, experiences, meeting & conferences. 100% Baqueira experts Full service agency.

Wide range of services including flights, transfers, logistics and hotel bookings Conscious Events.



SUN SKI TRIPS

Tel. 686 56 61 51

TREDÒS

hello@sunskitrips.com

www.sunskitrips.com

www.sunskitrips.co.uk/es/

EXCITINGEVENTS



At EXCITING EVENTS, We specialize in organizing every detail of your commitment in the Pyrenees.

- Team Building
- Team Motivation
- Incentive meetings
- Product launch
- Conventions and congresses
- Clinics & test company

Our customers are **our guarantee**: Orangina & Schweppes International, Henkel, El Corte Ingles Congressos, ING Direct, Rexam, AXA Winterthur, Allianz, RACC, Zurich, RPM Aventurismo, Jeep, Johnson & Johnson, Airbus,

Mercedes Benz, Soc Catalana Neurocirugía, Pepsico, Carlson Wagons-lits, Aknozobel, Kuoni, Forbo Floring, Saga & Trad Tours, 10 Japanes agencies and ...

CONVINCED TO CONVINCE

Our customers know what they want, why they should relax and enjoy the moment "carpe diem". Businesses are best treated under a friendly and relaxed atmosphere. We show you the most enthusiastic and exciting face of your project. We are a young, dynamic and very much experienced team.



EXCITING EVENTS

Tel. 973 64 33 25 / 660 16 44 67

VIELHA

reservas@excitingevents.es

www.excitingevents.es

KABI BY EDURNE PASABAN



KABI
BY EDURNE PASABAN



Travel agency:

Kabi offers the ultimate in experiences and adventures high in the Pyrenees and the Basque Country, assisted by the famous mountain climber Edurne Pasaban, the first woman in history to conquer the planet's 14 8,000-meter peaks, along with a group of excellent professionals and international mountaineering guides. Our aim is clear: to show visitors the most beautiful and unspoiled sites in these spectacular mountains through exploration and the adventure of providing travellers with unique and fascinating experiences on every occasion, surprising even the most experienced skiers.

Events and Incentives:

Kabi organizes incentive and corporate travel, and also for participants in trade fairs, conferences, conventions and events, adapting to the needs and objectives of each company or group.

Drawing upon Edurne Pasaban's experience in coaching, nature and cultural programs and activities are designed for the enjoyment of free time after business meetings, to bolster motivation and commitment, and foster enthusiastic teamwork.

Kabi, where dreams become trips...



KABI BY EDURNE PASABAN

Tel. 973 640 471 / 671 946 730. VIELHA

info@kabi-travels.com

www.kabi-travels.com

TRAVEL AGENCY

NATURA TRAVELS

VAL D'ARAN
Era essència des Pirenèus



TRIPS PEDALES DEL MUNDO - NATURA TRAVELS. Travel agency specialized in MTB ROUTES.

PEDALES DEL MUNDO, the first network in bicycle routes, with our particular model.

Company description:

We take charge of the design, planning, implementation, evaluation and promotion of tourist products related to the nature, as well as managing our brands.

Our routes in Val d'Aran: Pedals de Foc, Pedals d'Occitània, Gran Pedals y Le Défi Occitan.



VIAJES PEDALES DEL MUNDO / NATURA TRAVELS

Tel. 973 64 36 62

VIELHA

pedales@pedalesdelmundo.com

www.pedalesdelmundo.com

EVENT ORGANIZATION COMPANIES AND
TRAVEL AGENCIES

ERA AUDIOVISUAU

AJUNTAMENT DE VIELHA MIJARAN



MEETING ROOMS	CAPACITY
2 A	A / 140 - A / 40
1 B	B / 25

Room A: Conference and Meeting Room
Room B: Adaptation of different rooms



ERA AUDIOVISUAU

AJUNTAMENT DE VIELHA E MIJARAN

Tel. 973 64 00 18

VIELHA

info@vielha-mijaran.org

www.vielha-mijaran.org



We have the following Rooms:

Room 1

The room measures 66m² and is equipped with white board, permanent projector, screen and portable computer and tables and chairs for teachers and students. Capacity for 35 students.

Room 2

The room measures 66m² and is equipped with white board, permanent projector, screen and portable computer and tables and chairs for teachers and students. Capacity for 35 students.

Room 3

The room measures 87m² and is equipped with white board, projector (not fixed), screen and portable computer and tables and chairs for teachers and students. Capacity for 40 students.

Presentation Room

The Presentation Room of ETEVA measures 128m² and is equipped with white board, permanent projector, screen and portable computer and tables and chairs for teachers and students. Capacity for 85 students.



The Conselh Generau d'Aran has been responsible for this authorized **educational center** since 2002. This center is part of the Education Department of the Generalitat de Catalunya and is used to teach the technical programs for sports instruction up to the superior level. The center has 3 class rooms,



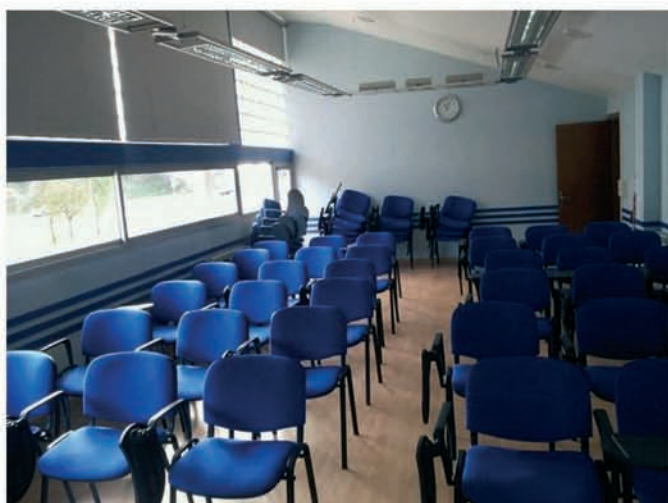
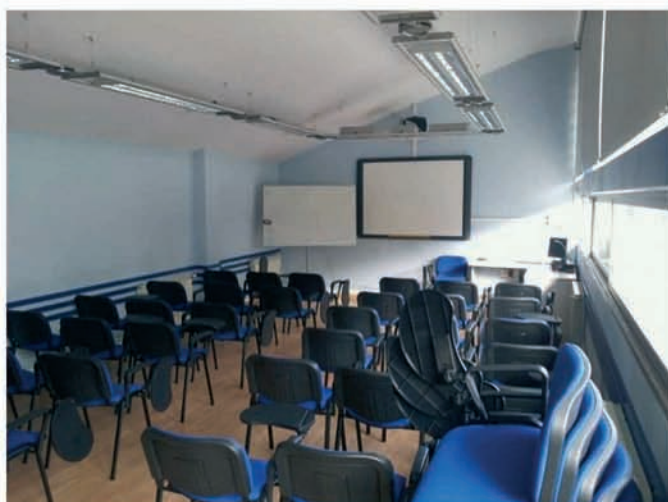
ETEVA

Tel. 973 64 45 95

SALARDÚ

informacion@eteva.org

www.eteva.org



Warehouse Number 2 located in the Industrial Center of Vielha e Mijaran.

The space measures 60m2.

Capacity for 40 persons (seated).

Independent lighting for different sections of room.

Interactive Screen (brand Promethean).

Overhead Projector.

Wireless microphone system.

Hardwood Floors.

Automatic Curtains.

Complete computer system with peripheral connections.

Coffee Break Area.

Parking.

MEETING ROOMS	CAPACITY
2 A	A / 140 - A / 40
1 B	B / 25

Room A: Conference and Meeting Room

Room B: Adaptation of different rooms



TESVA

Tel. 973 64 00 80

Polígono Industrial Vielha-Mijaran,
nave nº 2
VIELHA

MEETING ROOMS

MIJARAN

CONSELH GENERAU D'ARAN



Since 2017, the Val d'Aran has another convention room with a capacity of 500 people. It's a space located in the Church of Santa Maria de Mijaran which was built in 1999 on the remains of the hermitage of Mijaran, built in 1938.

This space is located very near the center of Vielha and its the biggest convention room in the Val d'Aran. It has wifi, and optionally screen and projector.



Sala de Congresos y Reuniones

MIJARAN

Conselh Generau d'Aran

Tel. 973 64 06 88

torisme@aran.org

www.visitvaldaran.com



Baqueira Beret is the Val d'Aran's ski resort.

It offers a wide variety of runs and fascinating routes, constituting one of Spain's largest skiable areas. The resort consists of three major zones: Baqueira, Beret and Bonaigua, which cover a total of 2.273 hectares of skiable surface area. There are runs for skiers of all levels, starting at the 1.500-meter elevation level, which ranges up to 2.610 meters.

PRACTICAL INFORMATION:

- 2.273 ha of skiable surface area.
- 167 skiable kilometers
- 112 runs
- 3 itineraries (5 km)
- A 7-km cross-country skiing route
- Snowpark and Slalom Stadium
- 36 ski lifts
- Transport capacity: 61.024 people/hour



BAQUEIRA BERET

Tel. 973 639 000

BAQUEIRA

baqueira@baqueira.es

www.baqueira.es



Activities: hiking, guided trekking and self-guided with transport of luggage.

Season: Around of middle of May | Summer | At the beginning of the October.

Activities: ascents, rafting, hidrospeed, horse riding, ice-skating, adventure parks.

Season: Summer, from July 1 to Setember 12.

Activities: mountaineering ski and snowshoes.

Season: Winter and At the beginning of the Spring.



Our hiking routes in the Val D'Aran: Setau Sagèth, Encantats, Gran Bucle, Via Calda and Tour del Aneto.

Since 1986, CAMINS has consisted of a group of sports technicians and Professional Mountain Guides, all they qualified, with a long experience in the conduction and pedagogy of different sportive activities of mountain and nature. Since her start, we are specialized in hiking, trekking, ascents and canyoning between other activities like rafting, hidrospeed, horse riding, ice-skating, adventure parks and multiadventure. All the guides talk Spanish, Catalan, French and English.



CAMINS (MOUNTAIN QUALITY, S.L.)

Tel. 973 64 24 44

VIELHA

camins@camins.net /

info@andandosinequipaje.com

www.camins.net

www.andandosinequipaje.com



NAUT VIAJES / ARANEXPERIENCE has been for over 15 years a company specialized in the organization of events, meetings, incentive trips, product launch, teamwork, group dynamics, etc. We rely on a multidisciplinary team with extensive experience in planning, coordinating and organizing events, taking care of even the smallest detail to guarantee its success.

Often, holding these types of actions is a big bet on the part of the companies, that are seeking to increase the motivation of their workers and the loyalty of their clients. Many times these events are an award for their good work in achieving institutional or commercial objectives. This type of trip always has a special attraction, since it fosters enthusiasm and cooperation between the people who take part in it. The unique experiences they share build strong personal bonds.

In NAUT VIAJES / Aranexperience, each program we design for this type of trip is a real challenge. Our commitment consists in balancing work, fun and, above all, the creative and surprising element, tailored to the values and objectives of each firm and to what they aim to communicate and transmit. This leads us to always be searching for new alternatives and create exclusive activities for each company.

Our programs always include some of the experiences that nobody can miss during their stay in the Val d'Aran and Baqueira Beret. For example, in the winter:

- Snowmobile tour.
- Dog sledding tour.
- Horse drawn sled Tour
- Learn to drive your own dog sled.
- Team building igloos competition.
- Snowshoe excursion

Competition between teams in a circuit of activities in the snow.



In summer or spring rafting, canyoning, multi-adventure circuits, hiking or orientation activities, among others, can be great experiences to achieve the trip's goals.

We always try to value the features that make this territory so unique by presenting its rich cultural heritage:

Guided visit to the Valley's Romanesque Churches.

Traditional Aranese dances.

Gastronomic tastings of local products.

We work side by side with our clients in order to generate a great sense of trust, belonging and loyalty to the company, its products and its values.

We take pride in our client's trust and loyalty, coming back, year after year, challenging our creativity once more in pursuit of their goals.

If you want your company group, employees or customers to have a unique experience in the Val d'Aran or in Baqueira, contact us and dare to challenge us by creating a new Aranexperience



**NAUT VIAJES/
 ARANEXPERIENCE**

Tel. 973 64 00 87

reservas@nautviajes.com

www.aranexperience.com



Deportur offers business organizations what they desire, the possibility of hold their business meetings such as Courses, Incentives, Conferences, Congresses, etc. in a unique environment.

We are able to offer a wide variety of activities based on Sport and Adventure always in accord with the meeting programs scheduled for each group.

We rely on our Activity Center in Les as the location to hold these events. In addition, we have extensive experience organizing events throughout the Val d'Aran.

Our company is in operation year round and thus has a wide variety of mountain and water sport activities from the Spring to the Autumn as well as snow based sports in the Winter. Moreover, we offer opportunities to experience the Aranese culture through its Romanesque Architecture, Museums, Gastronomy, Spas.....

We understand the value of specialized client services and we work hard to satisfy. We have the best equipment on the market which ensures a high standard of operation and safety. This, combined with the personal relationships developed with our specialized staff and monitors ensures a perfect experience.



DEPORTUR

Tel. 973 64 70 45

LES

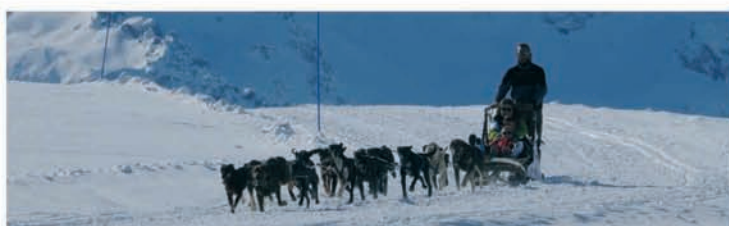
deportur@deportur.com

www.deportur.com

MONTGARRI OUTDOOR



montGarri
outdoor
esperit de montanha



Montgarri Outdoor will bring you to a whole new world of experiences beyond the ski slopes.

We were the first sled dog and snowmobile tour company in the Valley de Aran. We have qualified instructors and we offer the best safety record. Our base of operations is located next to the ski slopes in the Pla de Beret.

To offer a wide range of possibilities we have 4 sleds of 3 seats each, 5 singles and 12 snowmobile last generation.

Our experience and knowledge of the world of mushing and high mountain, will allow you to live an unforgettable adventure in the Aran Valley.

Activities: Sled dog and snowmobile tours, snowshoeing, cross country skiing

Season: Winter



MONTGARRI OUTDOOR

Tel. 616 772 105

VIELHA

aranmushing@gmail.com

www.montgarri.com

ADDITIONAL COMPANIES COMPLEMENTARY ACTIVITIES



ESCUELA DE EQUITACIÓN VAL D'ARAN

Tel. 629 46 38 05

VIELHA

sascumes@hotmail.es

www.aranequitacion.com

SERVICES OFFERED:

Summer:

Horse Riding Excursions and Courses.

Winter:

Horse Riding Excursions.

Horse driven Sleigh Rides (Exclusive and unique throughout Spain).



PALAI DE GÈU

Tel. 973 64 28 64

VIELHA

palaidegeu@palaidegeu.com

www.palaidegeu.com

SERVICES OFFERED:

Ice Skating Rink, Swimming Pool, Gym, Aerobics Room, Spinning Room, Body / Mind Room, Tatami / Karate Room, Bouldering Room.



The catering company URTAU, founded more than 50 years ago in the Val d'Aran, now offers its service for events, totally tailored to cover each client's needs. It offers a service staffed by professionals who, after evaluating the client's requirements, offer him or her personalized possibilities. They not only take delivery of the catering service, but also help to locate the top event experts for each service, to ensure that every event is a complete success.

Location

They have a tasting room accommodating groups of up to 20. But what really stands out about them is that they travel anywhere to make every event something unique, not being restricted to one location.

Kitchen and wine cellar

They can serve up to 200 people, with all jobs adapted to meet the client's specific needs:

- Tastings and product presentations
- Lunches or gala dinners
- Informal lunches or dinners (in the countryside, nightlife spots...)
- Show cooking
- Breakfasts and afternoon snacks
- Coffee break service
- Picnics in the mountains
- Catering services for heliski excursions

Comprehensive service

The company is dedicated to catering, but works in collaboration with event organization companies that help it to satisfy its clients in the planning and execution of events, like helicopter rides including picnics, gala dinners in the mountains, etc.



URTAU-CATERING

Tel. 973 644 421

ARTIES

info@urtau.com

monica@urtau.com

www.urtau.com

20 IDEAS FOR ACTIVITIES

In a magnificent natural setting, and throughout the year, in the Val d'Aran you will find all the recreational opportunities the mountains offer to round out your business meetings or seminars.

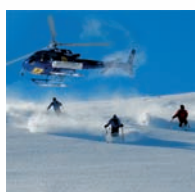
SNOW



SKIING

A must for your incentive trips and meetings if you visit the Val d'Aran in the winter is a day of skiing at Baqueira Beret. In the area you will find schools covering all the different types of skiing: downhill,

telemark, cross-country, snowboarding, etc. If you prefer, guided excursions or "safaris" are also offered, which will take you to visit the most overlooked and least-visited corners of the resort, and those with the best snow.



HELI-SKI / HELI-BOARD

Backcountry heli-skiing and boarding in world class mountain landscapes. Flying in the helicopter to the highest peaks of the Val d'Aran our guests will enjoy the beauty of this mountain region and will find

delight in riding on the virgin snow accompanied by specialized guides.

Information and reservations

KABI TRAVELS. www.kabi-travels.com

LANDING SNOWBOARD. www.landingsnowboard.com

PYRENEES HELISKI. www.pyrenees-heliski.pro/es



SNOWMOBILING

Accompanied by monitors throughout the route our guests have the opportunity to visit some of the most hidden corners of the Val d'Aran. There is the option for half day, sunset and nighttime

excursions! The company provides all necessary equipment to ensure the activity becomes an unforgettable experience.

Information and reservations

MONTGARRI OUTDOOR. www.montgarri.com



DOG SLEDDING / MUSHING

This exciting option takes our guests to visit the abandoned village of Montgarri on sledding excursions

accompanied by a monitor or, for the more courageous; there is the option of driving the sled and dogs without a monitor!

Information and reservations

ESCUELA DE EQUITACIÓN. www.aranequitacion.com



HORSE DRAWN SLEIGHS

The Nordic Sleighs pulled by indigenous Hispano-Bretona horses allow our guests a different view of this marvelous area given the increased visibility from

the height of the sleigh. The scenery transforms and profound silence abounds upon entering the forest. The silence is broken only by soft sounds of the bells.

Information and reservations

ESCUELA DE EQUITACIÓN. www.aranequitacion.com

20 IDEAS FOR ACTIVITIES



GUIDED SNOWSHOEING AND SKI TOURING

snow conditions during a great part of the winter in the Val d'Aran, the wide variety of routes available and the numerous specialized guiding services are the keys to enjoying these two activities while discovering areas which would otherwise be unseen. There are routes for all levels.

Information and reservations

ANEXPERIENCE. www.aranexperience.com
CAMINS . www.camins.net
ERA PORTA D'ARA www.eraportadaran.com
EXCITING PYRENEES . www.excitingevents.es
KABI TRAVELS. www.kabi-travels.com
LANDING SNOWBOARD. www.landingsnowboard.com
MONTGARRI OUTDOOR. www.montgarri.com
TUC MOUNTAIN GUIDES. www.tucmountainguides.com



IGLOO CONSTRUCTION

Discover the excitement of building your own igloo. The activity is designed to be done in a teamwork fashion.

Information and reservations

EXCITING PYRENEES. www.excitingevents.es

ON LAND



GUIDED HIKES

In the Val d'Aran and the Aigüestortes and Sant Maurici Lake National Park you can find itineraries which are not difficult and to the contrary invite time for easy contemplation. Or those who wish to experience a challenge there are peak climbs of all levels which reach their maximum expression in summiting the peaks over 3000 meters in altitude. The Val d'Aran and its more than 300 km of trails ensure a great variety of options.

Information and reservations

ALTISPORT. www.altisportaventura.com
ARAN CULTURAU. www.aranculturau.com
ARAN EXPERIENCE. www.aranexperience.es
CAMINS. www.camins.net
ERA PÒRTA D'ARAN. www.eraportadaran.com
EXCITING PYRENEES. www.excitingevents.es
DEPORTUR. www.deportur.com
KABI BY EDURNE PASABAN. www.kabi-travels.com
PIRENE430. www.pirene430.com
RICARD NATURA CULTURA.
www.ricardnaturacultura.com
VERD E BLU. www.verdeblu.cat



GUIDED MOUNTAIN BIKING AND BICYCLE TOURING TOURS

The Val d'Aran is home to more than 400 Km of marked and certified routes. Accessible by all types of riders from a modest and peaceful ride to the sheerest.

Information and reservations

ARAN BIKE PARKS. www.aranbikeparks.es

ARANEXPERIENCE. www.aranexperience.com
ALTISPORT. www.altisportaventura.com
CALAFATE SKI CENTER. www.calafateskicenter.com
CAMINS. www.camins.net
COPOS BIKE. www.coposbike.com
DEPORTUR. www.deportur.com
ESCUELA SKI BAQUEIRA. www.escuelaskibaqueira.com
EXCITINGBIKE. www.excitingevents.es
PEDALES DEL MUNDO. www.pedalesdelmundo.com

20 IDEAS FOR ACTIVITIES



HORSEBACK RIDING

Horseback riding 1, 2 or 3 hours, overnight tripss, classes,....

Information and reservations

ESCUELA DE EQUITACIÓN.

www.aranequitacion.com

ON THE WATER



RAFTING AND OTHER AQUATIC ACTIVITIES

When the snow melts the river become the ideal location to practice exhilarating sports like rafting, kayaking

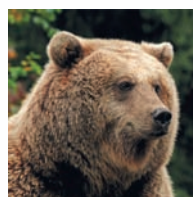
and canyoning.

Information and reservations

ALTISPORT. www.altisportaventura.com

DEPORTUR. www.deportur.com

UNIQUE SPACES



ARAN PARK

New fauna park in the spectacular Pòrt del Portilhon. Visitors will be able to view different species of animals in semi-freedom such as white and gray

wolves, bears, deer, lynx and marmot along different themed paths...

Information and reservations

ARAN PARK. www.aran-park.es



NATURARAN ❄️☀️

Is the new adventure paradise located at the top of large trees. Composed of different circuits composed of zip lines, Tibetan bridges, climbing walls, etc...It is an ideal park for beginners

as well as those who are addicted to strong doses of adrenaline.

Information and reservations

DEPORTUR. www.deportur.com



VAL D'ARAN MOUNTAIN BIKE PARKS (DH/Enduro)

Spectacular downhill and enduro circuits for mountain bike lovers. Built with wooden bridges, jumps and deep curves along different levels of difficulty. The circuits are located in the heart of the Varicauba forest (next to the village of Gausac) and the Monromies foerest (next to the village of Gessa). The circuits are open to the public, but it is recommended

that the activity be done with an expert guide who will provide the right equipment and guiding.

Information and reservations:

ARAN BIKE PARKS. www.aranbikeparks.es

ARAN EXPERIENCE. www.aranexperience.com

CALAFATE SKI CENTER. www.calafateskicenter.com

COPOS BIKE. www.coposbike.com

ESCUELA SKI BAQUEIRA. www.escuelaskibaqueira.com

EXCITINGBIKE. www.excitingevents.es

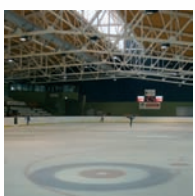
PEDALES DEL MUNDO. www.pedalesdelmundo.com

UNIQUE SPACES



VÍA FERRATA

Only for those who love strong emotions. In Val d'Aran you'll find 4 climbing routes. **Ferrata de Les** with 450m length and 150m positive difference with two parts (the lower one is just addressed to expert people and the higher one to everybody). **Torre de Cledes de Les** is an initiation route (K2) with 125m length and 80m positive difference. **Poi d'Unha** with 800m length and 500m positive difference is divided in three parts, first one is an initiation route perfect for children.



PALAI DE GÈU ❄️☀️

Located in Vielha, the Palai de Gèu is a sports complex featuring a range of facilities, swimming pools, gymnasiums, climbing walls, etc., with

Empresas

ALTISPORT. www.altisportaventura.com
ARAN EXPERIENCE. www.aranexperience.com
CAMINS DEL PIRINEU. www.camins.net
DEPORTUR. www.deportur.com
EXCITING PYRENEES. www.excitingevents.es
ESCUELA SKI BAQUEIRA. www.escuelaskibaqueira.com
KABI TRAVELS. www.kabi-travels.com
TUC MOUNTAIN GUIDES. www.tucmountainguides.com

its 1,456 m2 skating rink being a highlight. It is a perfect venue for teambuilding activities.

Companies

PALAI DE GÈU www.palaidegeu.com



SPAS ❄️☀️ HEALTH AND BEAUTY

What could be better than a complete session of thermal baths after an exhausting day of meetings? Bubble hot tubs, a-la-carte massages, or showers with moisturizing cream... The Val d'Aran lists 16 hotel establishments with spas at which to take care of your body and mind. In the Val d'Aran you also have the

chance to immerse yourself in the spas' sulfur-rich waters (captured over 300 meters down, and emanating at more than 30 °C) featuring medicinal properties that make them an advisable choice for anyone.

Spa facilities in the Val d'Aran:

TERMAS ERA BARONÍA DE LES.

www.termasbaroniadeles.com

BANHS DE TREDÒS. www.banhsdetredos.com



CULTURAL VISITS ❄️☀️

The Val d'Aran has known how to conserve its linguistic, artistic and cultural heritage. This patrimony has integrated with the natural landscape creating routes which reveal the history of the country and its great artistic heritage of which the Romanesque and Gothic patrimony (unique in the world) stand out.

Information and reservations

ARAN CULTURAU. www.aranculturau.com

EXCITING PYRENEES. www.excitingevents.es

PIRENE430. www.pirene430.com

RICARD NATURA CULTURA.

www.ricardnaturacultura.com

VERD E BLU. www.verdeblu.es

20 IDEAS FOR ACTIVITIES

CUISINE



There is a broad variety of options to choose from to organize a meal in the Val d'Aran. These range from restaurants offering typical local cuisine, including traditional dishes like òlha aranesa, pâtés, game meat stews, to miniature offerings in the form of pintxos, served up by a great number of establishments in the area, a new trend that makes it possible to add a new twist to the lunch or dinner you wish to organize.

In addition to the area's renowned and cozy restaurants, the Val d'Aran features catering companies prepared to serve up the most delicious delicacies, even in the most remote places imaginable, from the mountain peaks only reachable by helicopter, to refuges up at 2,500 meters, in forests, overlooking lakes, or at the end of a wonderful snowshoeing outing.

THE FINEST CUISINE AT THE FINEST RESTAURANTS

Below we present the area's best restaurants that can accommodate over 120 guests:

• RESTAURANTS AT THE BAQUEIRA BERET SKI RESORT:

A little stop along the way to have a coffee, a soda or a snack at one of the resort's wonderful terraces. Or a longer, more relaxed pause to enjoy an exquisite a-la-carte or set lunch at one of the restaurants located along the ski runs. The resort offers a total of 17 dining and refreshment facilities: restaurants, tents, pàrrecs (cabins), barralhs (canopies) and self-service cafeterias. From a small snack to the utmost in luxury, the **Orri Moët Winter Lounge** has become one of the winter resort's iconic restaurants. With a capacity for 70, and boasting a unique setting, it offers just the right venue for your incentive events and meetings. In the area of Bonaigua and with a capacity for 120, also of note is the **Refugio de San Miguel**, a modern, cozy establishment warmed by a fireplace. This is a beerhouse that has also specialized in serving up a selection of fine tapas, and also offers guests the chance to hold exclusive dinners and celebrations, with a DJ on hand to liven up the event. Baqueira Beret. **Tel: 973 63 90 01** www.baqueira.es

20 IDEAS FOR ACTIVITIES



• EL BOSQUE RESTAURANT

Located in the Hotel Santos Val de Neu****, El Bosque offers high-quality market cuisine featuring a careful selection of the finest local products. Enjoy its cozy atmosphere, with the decor in wood and slate, along with the most exquisite touches. Without a doubt, a luxurious refuge worthy of the most refined palates.

Capacity: 180 guests

BAQUEIRA : Tel. 973 63 50 00

www.hotelvaldeneu-santos.es



• DOS GASPAR DE PORTOLAN RESTAURANT:

The restaurant located at the National Parador of the same name, is known for its local architecture. It's located at the Casa de Don Gaspar de Portola, named after the man who discovered California. It offers cuisine influenced by regional specialties such as Aranese stew, Llosa trout, wild boar stew or pescajus of Arties.

Capacity: 200 people

ARTIES : Phone: 973 6408 01 www.parador.es



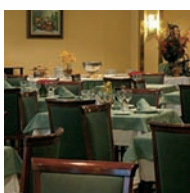
• ES BORDES DERA ARTIGA:

Only 10 km from the ski resort and 4 km from the Arties village, an idyllic setting surrounded by peaks of 3000

meters, it is located on an old and typical mountain hut.

Capacidad: 220 comensales

ARTIES : Tel: 973 644364 www.hotelcasairene.com

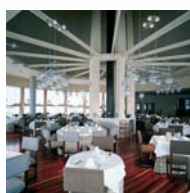


• HOTEL TUCA:

Situado a tan solo 1 Km. de Vielha, capital de la Val d'Aran, disponen de salas, así como de menús de todo tipo. Especializados en cocina regional, nacional y de mercado.

Capacidad: 150 comensales

BETREN: Tel: 973 64 07 00 www.hotelhusatuca.com



• PARADOR DE VIELHA:

A 1 Km. de Vielha, este restaurante situado en el Parador del mismo nombre, ofrece inmejorables panorámicas de las montañas pirenaicas, y éstas resultan más

espectaculares desde su restaurante circular acristalado. Con especialidades en gastronomía local, también ofrece todo tipo de menús elaborados.

Capacidad: 400 comensales

VIELHA: Tel: 973 64 01 00 www.parador.es

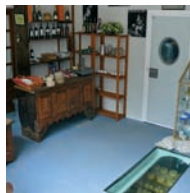
CULINARY TOURS



CAVIAR NACARII

Discover the world of the flavors and pleasures that the czars and high French aristocracy once enjoyed through a visit to the Caviar Nacarii production center in the Val d'Aran.

During the guided tour you will learn about the origins, history and culture of caviar, as well as the current production of what we call "gastronomy's black diamonds." You also have the opportunity to enjoy a guided tour + caviar tasting. **www.caviarnacarii.com**



"HORMATGERIA TARRAU" CHEESERY

In the town of Baguerque, at an elevation of 1,419 meters, cheeses are made at the Hormatgeria Tarrau, where you can learn how it is done - and taste them too.

www.quesosdelvalledearan.com





TECHNICAL CHART

Population: 10,295

Capital: Vielha, 900 meters

Area: 633,6 km²

Official Languages: Aranese, Catalan, and Castilian

Maximum Elevation: Molieres: 3.010 meters



+info:

Tel. 00 34 973 64 06 88

ancb@aran.org

www.visitvaldaran.com

i VAL D'ARAN TOURISM OFFICES

VIELHA

Sarriulèra, 10 / Tel. 00 34 973640110

o.torisme@aran.org / **www.visitvaldaran.com**

SALARDÚ

Trauèssa de Balmes, 2 / Tel. 00 34 973645197

o.s.torisme@aran.org / **www.visitvaldaran.com**

ARTIES (Temporada de verano)

Dera Mòla / Tel. 00 34 699969044

BOSSÒST (Temporada de verano)

Eduard Aunòs, 25 / Tel. 00 34 973647279

LES (Temporada de verano)

Avda. Sant Jaime, 39 / Tel. 00 34 973647303

turismoles@turismoles.com / **www.turismoles.com**