

ADVICES



Prepare in detail your mountain equipment needed for your activity so that it adjusts to the meteorological and technical conditions that you may



Book a place before accessing the refuge. Find out and hire the services



Always let others know about your route and notify when you have finished your activity.

IN THE EVENT OF AN ACCIDENT, KEEP CALM, PROTECT YOURSELF AND NOTIFY AS QUICKLY AS POSSIBLE TO:



(+34) 973 64 00 80 112

+ INFORMATION

Meteorology:

www.conselharan.org/meteo/ www.meteocat.cat

Avalanche bulletin: www.lauegi.report

Reservations: www.refusonline.com www.entrepyr.com

Aran Valley Guides Association: www.aranguides.com





Located in a variety of privileged natural environments, it is mandatory not to disturb these places. Respect the flora and fauna, follow the paths and avoid loud noises and screaming. Isolation is part of the charm of these shelters but it also imposes certain challenges, such as supplying the goods, which is carried out by the guard, often with unusual means (4x4, helicopter or on foot), a fact that makes products more expensive.



WASTE

Take care of your waste. You must take with you every waste you produce at the mountain. Dump it as soon as you find a recycling dumpster.

Everything aside of paper and organic waste (that can be processed in the refuge), such as: glass, plastics, cans and other materials have a high cost of treatment.



SERVICES accommodation and meals

Refuges are different from restaurants and hotels since they have a very specific operation, and therefore only one menu is usually offered at meals.

Both the rooms and the services are to **be shared with others**. therefore. coexistence and tolerance are essential.



Despite what it may seem from the environment, refuges' water catchments are limited so you have to be very careful with its consumption. Likewise, management and treatment of wastewater requires stricter

The supplies are very specific and have a high maintenance cost, therefore, it is necessary to economize as much as possible on their use and properly maintain their insulation, paying special attention to doors and windows.



They are mountaineers who maintain and repair the facilities, in addition, they do everything in their hands to make the

On the other hand, they inform visitors and collaborate in mountain rescues. They are the ones in charge of the

stay in the refuge an unforgettable

environmental, installation and

emergency protocols.

experience.

HOW DOES A MOUNTAIN

REFUGE WORK?

Mountain refuges are sport facilities located in strategic points of the mountain to welcome mountaineers on their journeys and ascents. They are

coexistence and offer services corresponding to their localization

They do not have municipal water, electricity nor gas networks to which they can connect to. This means that the amenities, as well as the services

For these reasons, you must behave differently from how you do in your

OBSERVE, ASK AND YOU WILL LIVE A UNIQUE EXPERIENCE.

offered, are always very limited.

designed for a **very communal**

and access difficulty.

places of residence.

EXPERIENCE IN THE REFUGE

For children, staying in a mountain refuge is the best way to start hiking and learn the values of nature.

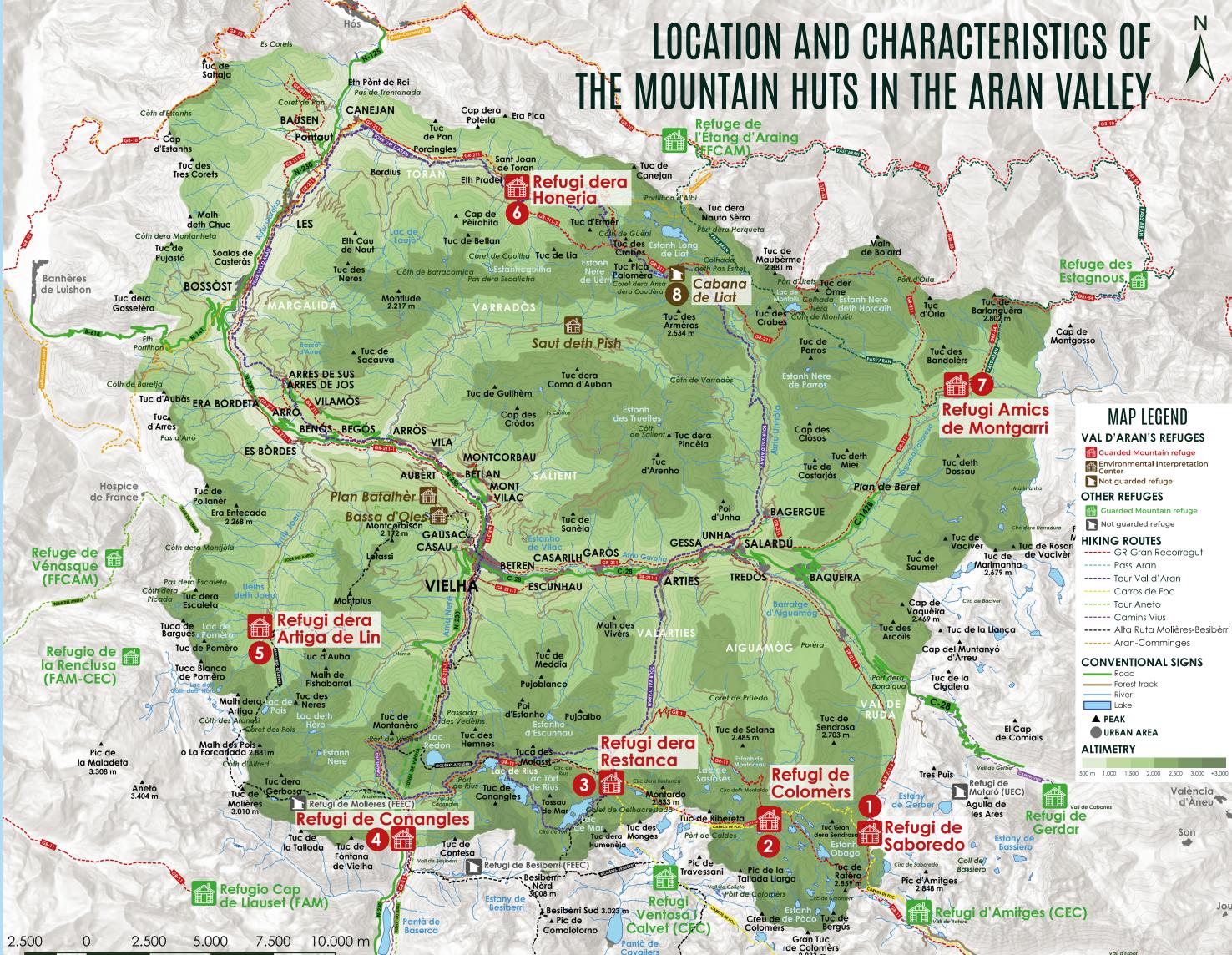
Staying at the refuges as a family is a **lasting experience** for the little ones.





Winter: febrary, march & april. Summer: june, july, august & september. Full information: refusonline.com







By car. From N-230 Lleida-Vielha Km 150.
Parking of Conangles.
36 beds in shared rooms.











HIKING ROUTES

ALTA RUTA MOLIÈRES-BESIBÈRRIS

/alking time/day: 5.30 - 7 h levation gain/day: 525 – 1.675 lin/max height: 545 m / 2.445 n

ENVIRONMENT INTERPRETATION

Are facilities that are open throughout the summer season to teach about environmental guidelines to anyone interested.



BASSA D'OLES

A pond with glacial origins with an aquatic ecosystem



PLAN BATALHÈR

A quiet recreational space, where while having our meal we can listen to birds such as: the titmouse titmouse, the nuthatch or the jay. And if what you are interested in are trees, you can discover all the native specimens.



SAUT DETH PISH

The water challenges us from all sides, creating livefull spaces in the waterfalls, in the calm of the water or in the fog, the rain and the snow that wet a valley dyed with beech and fir.