

2023-2024



[www.visitvaldaran.com](http://www.visitvaldaran.com)



Your business travel  
**surrounded by nature**  
sales manual

## INTRODUCTION

This is the new Sales Manual of the **ARAN NATURA CONVENTION BUREAU**. It is our hope that this becomes an essential element in the process of demonstrating the high standard of facilities and attractions which make up the Val d'Aran.

The Val d'Aran is a territory where, in a natural environment and all year round, our visitors can enjoy the variety of leisure and recreational opportunities that this high mountain destination offers. The combination of facilities, which are at the level of the most demanding European standards, with a modern and cosmopolitan society, which has been able to preserve the essence of its history, along with its millennial cultural and patrimonial heritage has converted the Val d'Aran into a first class tourist destination.

In a unique natural environment, which is difficult to compare with any other territory, the Val d'Aran with its first class hotel and tourism options puts at our clients disposition all the services, facilities and complementary activities to help you organize your meetings and your business trips.

The complementary tourist options of the Val d'Aran have converted it into one of the destinations with more variety and quality in Southern Europe.

In this manual you will find all the information you need to ensure that your business trip be a very satisfactory experience.

## 7 REASONS FOR CHOOSING THE VAL D'ARAN

**1** The exclusivity of its **tourist facilities**, based among other things on quality and variety in lodging. 12,000 rooms, 3,000 of which are found in 4 and 5 star hotels, 2 are National Paradors... well-kept buildings where luxury, well-being and harmony are found in every corner.

**2** This exclusivity is also reflected in its **gastronomy**, where quality and diversity invite us to savor everything from traditional dishes, to culinary trends, always with the best products of the region. The "olha aranesa" a typical Aranese dish prepared in more than 100 different ways, caviar and sturgeon produced in the Val d'Aran and the warm hospitality of the hosts and the perfect surroundings will make each meal a unique experience.

**3** Being the home of the best ski resort of the Pyrenees, **Baqueira Beret** provides skiers with the best quality of snow imaginable, an assortment of last generation facilities and an exclusive service.

**4** The Val d'Aran is the only area of the Pyrenees that, due to its isolated geography for years, has maintained its **culture**, its **language** -Aranese- and its **traditions** practically intact. All of these can be seen in its 33 mountain villages which allow us to discover the **hospitality of its people** and its rich **cultural heritage**.

**5** For its spectacular **natural surroundings**, with more than 300 km of marked trails for all levels, for biking or walking, you will discover the magic of its lakes, of its waterfalls, of its forests, of peaks of more than 3,000 meters and unspeakable sceneries of incredible beauty. Its strategic location at the gates of the D'Aigüestortes i Estany de Sant Maurici National Park, the only National Park of Catalonia, enhances its wonder.

**6** Due to its event planning capabilities. The infinite possibilities for **outdoor activities** allow you to create tailored programs, unique, original and appealing for every event. From snowshoeing, deep skiing excursions, heli-skiing down slopes of fresh snow, a scenic flight or activities on horseback, with dogs or snowmobile in winter or adventure parks, rafting down the Garonne River, horse riding excursions, etc. all year.

**7** And finally for an endless variety of reasons that you will discover for yourself and from the **ARAN NATURA CONVENTION BUREAU** we invite you to visit.



## HOW TO GET THERE:

### ROAD:

Access to the Val d'Aran on road through the N-230, or the C-28.

### PLANE:

The villages with airports near the Val d'Aran are as follows:

**Lleida Airport: 145 km**  
**Pau Airport: 157 km**  
**Tarbes Airport: 161 km**  
**Toulouse Airport: 166 km**  
**Zaragoza Airport: 290 km**  
**Barcelona Airport: 350 km**

### TRAIN:

The nearest cities with a train station:

**Lleida: 165Km**  
**Montrejeau (France): 60Km**  
**Luchon (France): 40Km**

Movement between these villages of the Val d'Aran should be done by means of road transport (public bus, automobile, taxi).

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The **hotel Val de Neu** is a 5 star hotel located in the Central Pyrenees within the famous ski resort, Baqueira Beret. Purpose built in the Ruda 1500 complex, next to the new shopping gallery and most importantly, only 50 meters away from the recently built new ski lift which will take you directly to the world-class ski slopes of Baqueira Beret. Its closeness to the slopes, its exquisite decoration combining wood and slate and its stunning views to the mountains make this hotel the perfect option to enjoy your best ski holidays.

**ACCOMMODATION**

**120 Rooms & Suites**

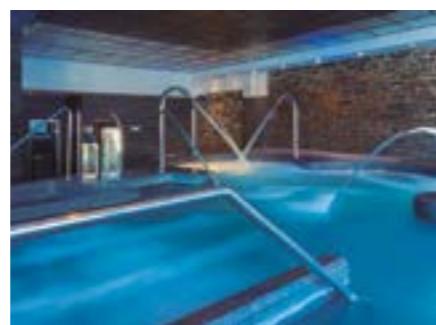
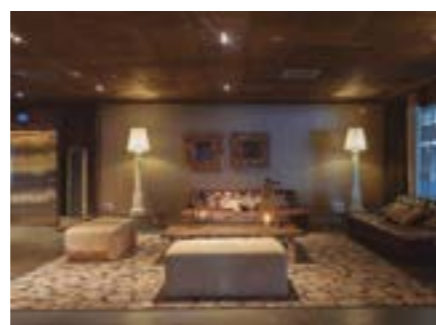
- 83 Neu Classic
- 4 rooms for physically challenged
- 7 Neu Junior Suite
- 12 Neu Superior
- 10 Suites (6 Duplex Suites and 6 Family Suites)
- 4 Neu Real Suite

**IN ROOM AMENITIES**

24 hour Room Service, LCD TV, Satelite TV, Turndown service, Wi-Fi Internet Access, Minibar. In-room safe, Wake-up Service, Pillow Menu, Bathroom amenities, Closet, Direct dial telephone, Individually Controlled, Heating system, Full bathroom, Hairdryer in bath, Magnifying mirror in bath.

**HOTEL FACILITIES**

The hotel Val de Neu offers everything needed to provide our customers with a stay to remember continuously aiming to exceed the needs of our most demanding clients.



**MEETING FACILITIES**

The hotel Val de Neu offers 3 different meeting rooms equipped with the latest technologies in A/V. This together with our high quality of service will make your event at the Hotel Val de Neu a successful one and surely an experience to remember and repeat in the future.

ROOMS	M2	Height	CAPACITY			
			School	Theater	Banquet	Cocktail
Bonaigua	54	2,70	20	30	24	40
Baqueira	73	2,70	36	50	36	60
Beret	73	2,70	36	50	36	60
Aneto	112	3,00	80	120	60	110
Val de Aran:	200	2,70	85	180	100	200

Bonaigua + Baqueira + Beret



★★★★★ GL  
**HOTEL VAL DE NEU**

Tel. 973 63 50 00  
BAQUEIRA  
hotelvaldeneu@h-santos.es  
[www.hotelbaqueiravaldeneu.com](http://www.hotelbaqueiravaldeneu.com)



Eurostars La Pleta is an exclusive five-star hotel located in the heart of Spanish Pyrenees, in front of Baqueira-Beret ski resort.

The hotel offers a wide range of fully tailor-made services to live unforgettable experiences. From pillow selection to the most exclusive health and beauty treatments, the hotel includes special and unique facilities with incredible views overlooking of the Val d'Aran.

68 rooms fully equipped with floor heating, DVD (the hotel has its own video library), bathrooms menu, Wi-Fi and 24 hour room service. Some rooms have capacity to accommodate 3 or 4 people and there is an incredible Presidential Suite with balcony, jacuzzi included.

The hotel features a spectacular spa with the principal objective of creating a perfect balance between body, mind and ancient Pyrenees traditions. Occitania Spa, "one of the most romantic spas" by US press, completes the facilities with an indoor pool, a water circuit or an exclusive list of massages and beauty treatments.

The gastronomic offer is compounded by diverse restaurants with authentic gourmet spaces created to delight the finest palates. The hotel has three restaurants: Del Gel al Foc, with creative Catalan cuisine; La Pleta Sushi Restaurant, a Japanese restaurant with show cooking; and Petita Borda, specialized in local dishes.



**MEETING ROOMS AND SERVICES**

Eurostars La Pleta is ideal for all kinds of events and incentives: from product presentations to mountain adventure activities, all accompanied by the most exclusive organization and attention.

The hotel has a meeting room of 71 sqm with a capacity for events up to 70 people. The meeting room is an open space with natural daylight and fully equipped with Wi- Fi, screen, projector and video conference (on request).

The professional offer is compounded by different activities scheduled from the hotel in order to complete this unforgettable stay. Ski activities, cultural visits, gastronomic tourism, mountain activities ... a special experience only in Eurostars La Pleta.



MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1A	A / 70	68	YES



**★★★★★**  
**EUROSTARS LA PLETA**  
Tel. 973 64 55 50  
BAQUEIRA  
reservas@eurostarslapleta.com  
[www.eurostarslapleta.com](http://www.eurostarslapleta.com)



In Arties, in the heart of the Val d'Aran, and only 6 km from the ski resort Baqueira Beret, the hotel Casa Irene opens its doors. Our 22 rooms present ceilings with wood beams and are equipped with satellite TV, direct telephone and modern bathrooms. Many rooms offer excellent views of the mountains. There is free wifi throughout the establishment, and we also have a bar, an excellent restaurant, ample gardens, a ski room and a spa.



Casa Irene restaurant serves a wide variety of modern dishes and Pyrenean specialties in a warm and cozy environment. In our spa we offer massage services, sauna, turkish bath, jacuzzi, contrast shower and an indoor swimming pool.



In casa Irene you can also celebrate your special events in our beautiful space located in the heart of the mountains, **Es Bordes dera Artiga**.

We offer free parking and a bike rental service. You can also enjoy horseback riding in the surroundings, or go trekking around the Aigüestortes National Park. The valley's capital, Vielha, is only 6 km away.



**CONFERENCES AND EVENTS**

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
2B 2B (Bòrda Valarties)	B / 80 - B / 60 B / 300 - B / 100	22	YES



★★★★  
**HOTEL CASA IRENE**

Tel. 973 64 43 64  
ARTIES  
info@hotelcasairene.com  
[www.hotelcasairene.com](http://www.hotelcasairene.com)

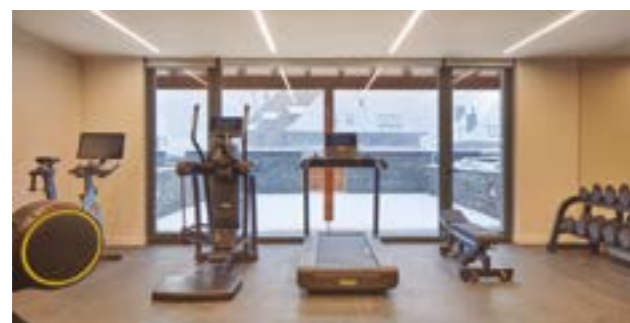
★★★★  
**HOTEL MIM BAQUEIRA**



Located close to the slopes, next to the gondola lift of the ski resort of Baqueira Beret, it is the ideal place to enjoy a family holiday, a break with your partner or friends, as well as the perfect place to celebrate a business event surrounded by a unique natural environment.

- This 4-star hotel has 141 completely renovated rooms with a capacity of up to 5 people, multipurpose meeting rooms with natural light, a carefully selected and varied gastronomic offer that you can enjoy in the Lounge Bar Bajo Zero, in LAND Restaurant or in the Snack Bar FLY and a relaxing spa with mountain views.

- We also have other additional services such as ski storage, guide service and mountain activities, which will give you the opportunity to get to know the resort, showing you the best and most beautiful corners of Baqueira and the Val d'Aran



**CONFERENCES AND EVENTS**

**3 Multi-use Rooms**

Every meeting has one purpose with particular protagonists and specific needs. To adapt to each case, we have 3 multi-use rooms which can comfortably hold from 18 to 115 guests.

**Exterior Adaptable Terraces**

The landscape motivates and, thus, our 1500m2 terrace is prepared to build outdoors tent structures for the organization of cocktails and presentations.

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
EVEREST	210 PAX	141	YES
K-2	130 PAX		
KARAKORUM	35 PAX		

CAPACITY	SALA EVEREST (K2 + KARAKORUM)	SALON K2	SALON KARAKORUM	SUBCOMISIONES (4 PRIVADOS)
<b>THEATER</b>	210	110	35	16
<b>SCHOOL</b>	170	110	20	12
<b>BANQUET</b>	100	80	10	8
<b>"U"</b>	33	33	15	12
<b>COCKTAIL</b>	210	130	35	12
<b>M. IMPERIAL</b>	36	30	14	10



★★★★  
**HOTEL MIM BAQUEIRA**

Tel. 973 63 53 00  
BAQUEIRA  
info@hotelmimbaqueira.com  
[www.mimhotels.com](http://www.mimhotels.com)



Modern hotel and typical Aranese construction, located in the heart of the Aran Valley; just 10 minutes walk from Vielha center, the beautiful capital of the Val d'Aran and 15 minutes from the Baqueira/Beret ski resort, considered the best resort in the Pyrenees.

Situated in a strategic place to visit the best Romanesque monuments and the largest lake circaques in the Pyrenees.

**Bedrooms:**  
115 double, triple and quadruple rooms.

- Services:**
- Outdoor, covered and heated pool
  - Free WIFI
  - Active tourism
  - Free outdoor parking
  - Paid garage
  - Entertainment room
  - Buffet restaurant
  - Garden, terrace
  - Charging point (electric cars)

- Restoration:**
- Breakfast, Lunch (Picnic) and Dinner.
  - Group menus for all kinds of celebrations.



**CONFERENCES AND EVENTS**

ROOMS	CAPACITY		
	BAQUEIRA	ARAN	TUCA
M2	48,8	117,3	178
BANQUET	22	56	86
COCKTAIL	30	98	160
SCHOOL	20	54	86
IMPERIAL	12	22	140
THEATER	25	100	160



★★★★  
**HOTEL RV TUCA**

Tel. 973 64 07 00  
BETREN  
reservas@hoteltuca.com  
[www.hoteltuca.es](http://www.hoteltuca.es)





The **Hotel Montarto** is a 4-star establishment located in Baqueira Beret's development at the 1,500 meter elevation level. It features easy access to the area's main services and facilities: medical center, pharmacy, banks, supermarket, bus stop, restaurants, bars, disco, etc. The hotel lists 141 rooms: single, double, rooms for over two guests, connecting rooms, suites, etc.

**ROOM APPOINTMENTS:**

All the hotel's rooms face outside, with plasma screen televisions, Spanish and international channels, piped music, a safe, wake-up service, and a complete bathroom, with an outside window.

**SERVICES:**

The hotel offers its guests three restaurants and a Drinkery

Pub: the Perdiu serving up international cuisine and a variety of menu combinations, thr Borda Lobato with local fare typical of the Val d'Arán and the Wine Bar Viña Pomal with a complete selection of servings, such as chicken croquettes and beef sirloin toasts, as well as the day's fresh: razorclams, crayfish, oysters, etc. The Drinkery Pub is conceived for the apres ski.

Our cafeteria, featuring live piano music, is a favorite haunt for many skiers. We also offer a spa; two heated, indoor 100 m2 swimming pools; a gymnasium, ski rental, sports area, game room, store and free Wi-Fi.

For the summer there are paddle tennis, tennis and basketball courts, in addition to bicycle rental and repair, a lineup of mountain activities, guided bike rides, and auxiliary transport



**MEETING ROOMS:**

The Hotel Montarto has different meeting rooms equipped with all the technological features and services in general to ensure that your meeting or event is a success.

Capacities: to 150 people

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1A	A / 70	141	YES
1B	B / 30		



★★★★  
**HOTEL MONTARTO**

Tel. 973 63 90 01  
BAQUEIRA  
montarto@baqueira.es  
[www.montarto.com](http://www.montarto.com)



Opening its doors in 2002, the Meliá Vielha Baqueira hotel belongs to the Meliá Hotels international chain. In the center of Vielha, it enjoys an ideal natural location right by the Garona River.

Located just 20 minutes from Baqueira Beret's ski slopes and 200 meters from Vielha's "ice palace," the hotel represents a great point from which to access all the sports and cultural activities the Valley has to offer.

**ROOMS AND FACILITIES**

**95 exterior rooms** over 4 floors, 79 rooms, 15 Duplex, 1 Junior Suite, Air Conditioning, satellite TV / Canal Plus / Phone, Wi-fi in common areas, Minibar / Safe in rooms, Spa, Swimming pool, Jacuzzi, mini-gym, Relaxation room with loungers thermal, Sauna and Turkish bath.

**DOUBLE STANDARD ROOM**

Quiet rooms, all with mountain views and equipped with every comfort. These rooms have a "queen size" bed (inquire for availability when booking) or two single beds. Approximately 20 m2. All rooms have a comfortable and functional decoration, specially designed to enjoy any type of stay: holiday, business trip... The rooms are equipped with all the details to spend pleasant days in the mountains.

**DUPLEX ROOM**

Comfortable rooms, loft with mountain views with every comfort. These rooms have extra "queen size" or 2 single beds in the election.

The rooms total approximately 38 m2 on 2 levels:

- Lower floor with lounge with TV, sofa bed and bathroom.
- First floor with bedroom and bathroom as well as a desk and chair.



**MEETING ROOMS:**

ROOMS	CAPACITY					
	M2	Height	Theater	School	Banquet	In "U"
ANETO	91	3	120	80	80	40
PORTILLÓN	91	3	80	60	60	40
PIRINEUS	175	3	200	140	140	40



★★★★  
**HOTEL VIELHA BAQUEIRA**  
 AFFILIATED BY MELIA

Tel. 973 63 80 00  
 VIELHA  
 hotel.vielha@melia.com  
 www.melia.com



The Hotel & Restaurant Peña is a 4-star hotel in the Val d'Aran, surrounded by a dream landscape, where you can enjoy nature, relax and use all the complementary services. Its magnificent location, 5 minutes from Vielha by car, allows you to enjoy a quiet area. In the hotel restaurant you can taste typical recipes of the area and also have cafeteria service throughout the day.

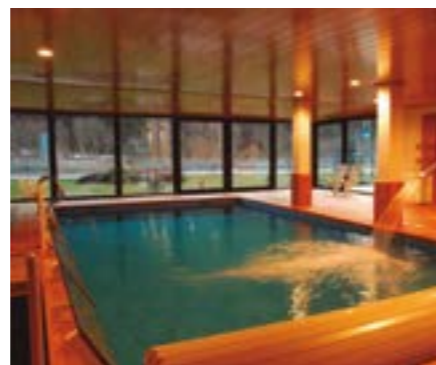
**ROOMS AND EQUIPMENT**

39 rooms that offer everything you need for a comfortable stay, with a minimum of 21m2, some with balcony or terrace, have the following equipment:

- Full bathroom in the room with bathtub or shower.
- Hair dryer
- Complimentary toiletries
- Closet
- Safe deposit box
- Desk
- Plug for devices
- Telephone
- Flat screen TV
- Piped music
- Free WiFi

**FACILITIES**

Hotel Peña offers outdoor parking, as well as indoor garage, indoor swimming pool, gym, massage service, games room, cafeteria with terrace, living room with TV, garden and restaurant. It also has 2 fully adapted and handicapped-accessible rooms and elevators with access to all floors.



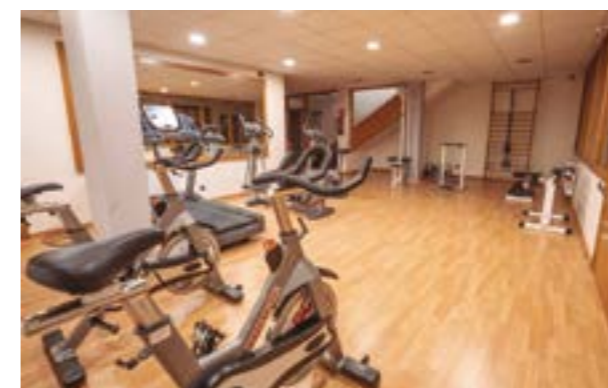
**DINING ROOMS**

The restaurant's dining room has a capacity for 100 guests, and the cafeteria and breakfast area have a capacity for 75 guests.

**MEETING ROOMS AND HALLS**

The meeting room has a capacity of 30 people and can be used as a school or theater.

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1A	A / 40	39	YES



★★★★  
**HOTEL PEÑA**

Tel. 973 64 08 66  
PORT D'ARRÒS  
info@hotelpenha.com  
[www.hotelpenha.com](http://www.hotelpenha.com)



The **Vilagarós Hotel and Apartments** are located in the heart of the Val d'Arán, in the town of Garos, considered one of the Pyrenees' most beautiful for its harmonious architecture and traditions. It lies just eight kilometers from the **slopes of Baqueira Beret**, and just 4 km from Vielha's leisure and shopping facilities.

The hotel offers 45 rooms, double-duplex and premium, to meet all your lodging needs. Its apartment area offers guests Type 11 or Type 111 accommodations, depending how they are to be occupied.

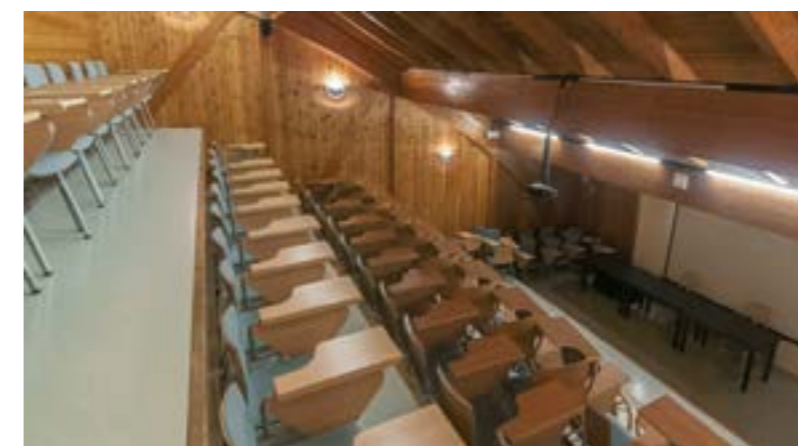
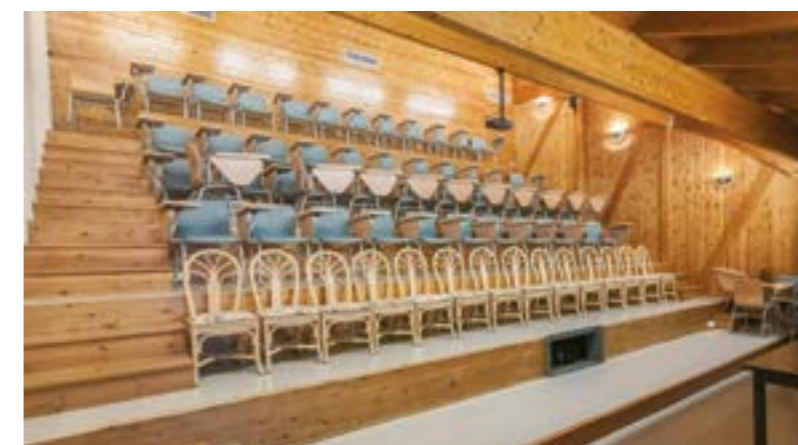
Its services are rounded out by:

- 1 pizzeria, open during the winter, offering take-out.
- 1 restaurant serving typical dishes from the Valley, like its olla, salads and grilled meats, in addition to international offerings.
- A-la-carte massage services, relaxation area, gym: heated, indoor swimming pool and a pleasant private terrace.
- Garage and facilities to repair and store bicycles.
- In the winter, ski storage with central heating and transport to the slopes (mini-bus service, accepting reservations)
- The Valley's only hotel with an auditorium for 80-90 people, with the equipment necessary for presentations and classes.
- Sala Baqueira, a cozy, light-filled space for smaller meetings.
- Transport to Vielha for small groups, on demand.



**MEETING ROOMS**

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1A	A / 60	60	YES
1B	B / 40		



★★★★  
**HOTEL VILAGARÓS**

Tel. 973 98 23 71  
GAROS  
reservas@hotelvilagaros.com  
[www.hotelvilagaros.com](http://www.hotelvilagaros.com)



A magnificent spa from the inside of which you can see the majestic Pyrenees while you enjoy resting and the pleasurable feeling of the relaxing power of the water.

A spa to be enjoyed at any time of year, after an enthralling day's skiing or after a day out exploring the green valleys and forests which these lands hold. A place to relax body and mind while discovering thousands of charming spots in the Lerdian Pyrenees.

Many of the hotel's bedrooms have views of the valley and terrace. The restaurant serves olla aranesa (a local stew), wild boar and pescajus (pancakes) with cream.

Come to the Parador de Vielha for an unforgettable experience. Let the beauties of the Val d'Aran bewitch you, and relax in the Spa of the Parador.



**CONFERENCES AND EVENTS**

ROOMS	CAPACITY						
	M2	School	Theater	Banquet	Cocktail	Conference Tables	Work Tables
Batallé	30	-	15	-	-	12	12
Tuca	60	30	40	20	30	20	15
Casau	315	80	120	240	300	50	50
Garona	428	80	120	240	300	50	50
Sala de juegos	27	-	15	-	-	12	12
Val d'Aran	276	-	-	300	400	-	-



★★★★  
**PARADOR DE VIELHA**

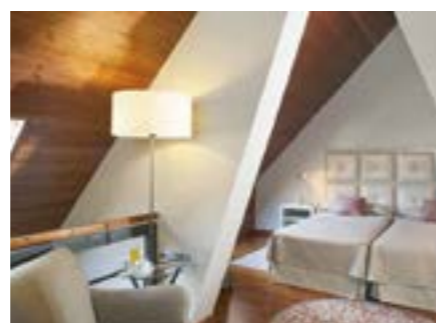
Tel. 973 64 01 00  
VIELHA  
viella@parador.es  
[www.parador.es](http://www.parador.es)



The hotel is located in Val d'Aran, only 7 km. from Baqueira, amongst the Catalan Pyrenees. The landscape's main features can be seen from the Parador and they include forests, winter snow-capped mountains, and summertime greenery.

The hotel is in keeping with the local architectural style and occupies the Casa de D. Gaspar de Portolá, named after the man who discovered California. The bedrooms have sloping ceilings with exposed beams. The Parador also has numerous conference rooms including the outstanding Salón Chimenea. Its welcoming rooms invite rest and relaxation within an ideal setting for outdoor activities.

The cuisine is influenced by regional specialities such as olla aranesa (stew), trucha a la llosa (local trout dish), civet de jabalí (wild boar stew) and pescajus de Arties (brandy flavoured pancakes).



### CONFERENCES AND EVENTS

ROOMS	CAPACITY						
	M2	School	Theater	Banquet	Cocktail	Conference Tables	Work Tables
Hostería	109	50	120	100	150	60	50
Valarties	59	35	60	50	60	40	35
Montarto	62	35	60	50	60	40	35
Chimenea	24	-	-	15	25	15	15
Chimenea para banquetes	256	-	-	230	350	-	-



★★★★  
**PARADOR DE ARTIES**

Tel. 973 64 08 01  
ARTIES  
arties@parador.es  
[www.parador.es](http://www.parador.es)



This cozy family hotel is situated in the heart of Vielha and features 39 large and bright rooms, 4 of them with whirlpool.

Enjoy magnificent views of the mountains of the Val d'Aran. The hotel is only 13 km from the ski resort Baqueira/Beret and 600 metres from the ice palace away. In a few minutes you can reach the unique thermal bath "Hot Springs Baronia Les."

The perfect choice for your holidays in the mountains and an ideal starting point for practicing all types of adventure sports.

**Hotel Facilities General**

24-Hour Front Desk, Terrace, Non-Smoking Rooms, Family Rooms, Elevator, Safety Deposit Box, Heating, Luggage Storage, Gay Friendly, Ski Storage, All Public and Private spaces non- smoking.

**Activities**

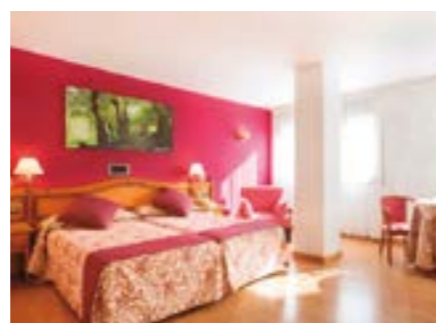
Golf Course (within 3 km), Fishing, Skiing, Solarium, Hiking, Cycling, Horse Riding, Ski School.

**Services**

Laundry, Dry Cleaning, Ironing Service, Packed Lunches, Tour Desk.

**Internet**

Wi-fi is available in the entire hotel and is free of charge.



**Guest Parking**

Private parking is possible on site.

**Hotel Policies**

These are general hotel policies. As they may vary per room type; please also check the room description.

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
Vista Gausac	40	39	NO
Vista Tuca	30		



★★★  
**HOTEL ETH SOLAN**

Tel. 973 64 02 04  
VIELHA  
hotel@hotelethsolanvielha.com  
[www.hotelethsolanvielha.com](http://www.hotelethsolanvielha.com)

★★★  
**HOTEL TUC BLANC**



The Hotel Tuc Blanc offers you a comfortable, well equipped venue for organising any type of event with the added attraction of the tranquillity and relaxation afforded by a setting of unique natural beauty.

The hotel is now pleased to offer you TUC BLANC BUSINESS, a new service designed to help you organise any kind of event in Baqueira. All you have to do is decide what type of event you would like and choose your guests; Tuc Blanc will take care of everything else.

With the new TUC BLANC BUSINESS service you can delegate all the preparation and logistics details and just enjoy the hotel and your "turnkey" event.

**A Privileged Setting**

The hotel is right next to the ski resort. All rooms have a full bathroom, telephone, heating, piped music, satellite TV and a safety deposit box.

The hotel's **catering service** offers a wide variety of dishes for both breakfast and dinner, served in its **150-seat restaurant**.

**Excellent Facilities**

Bar-cafeteria with terrace, restaurant, games room, library, heated indoor swimming pool, solarium, two saunas, panoramic jacuzzi, Turkish bath, parking garage and the "TUC NERE" music pub.



**Complementary Services**

Physiotherapy consultancy with health and beauty treatments (anti-stress, therapeutic and shiatsu massages), reading room and two shops.

**Entertainments Team and Permanent Information Point**

In winter our mountain guide team organises all types of fun ski activities to help you get to know the Baqueira ski resort.

CAPACITY	SALON TUC
TEATHER	220
SCHOOL	100
BANQUET	140
"U"	50
COCKTAIL	170
M. IMPERIAL	50

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1A	220	200	YES



★★★  
**HOTEL TUC BLANC**

Tel. 973 64 43 50  
BAQUEIRA BERET  
booking@hoteltucblanc.com  
[www.hoteltucblancbaqueira.com](http://www.hoteltucblancbaqueira.com)



## CAMPING VERNEDA



The Camping Verneda's environment and facilities make it the ideal place for holding any type of event tourism-related business event.

Verneda campsite has modern Verneda wooden houses equipped with all amenities, plus all the facilities such as restaurant and bar, heated outdoor pool, lounge and meeting room equipped with projector and a capacity for 60 people.

Verneda Campsite, a place where the group will enjoy from all our facilities with no need of driving. And, what is more, all this surrounded by the Baricauba forest environment.



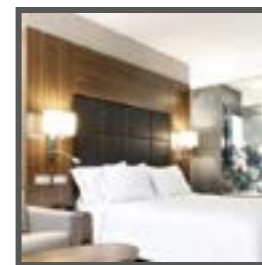
MEETING ROOMS	CAPACITY
1A	A / 60
1B	B / 50



### CAMPING VERNEDA S.L.

Tel. 973 64 10 24 / 606 75 63 93 PONT D'ARROS  
 info@campingverneda.com  
 www.campingverneda.com

## other LODGING



### ★★★★★ HOTEL AC BAQUEIRA

Tel. 973 64 59 61 / BAQUEIRA  
 direc.acbaqueira@ac-hotels.com / [www.hotelacbaqueira.com](http://www.hotelacbaqueira.com)

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1A	A / 80	102	YES



### ★★★ HOTEL SEIXES

Tel. 973 64 54 06 / BAGERGUE  
 seixes@seixes.com / [www.hotelseixes.com](http://www.hotelseixes.com)

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
2B	B / 10 B / 30	17	YES



### ★★★ HOTEL FONFREDA

Tel. 973 64 04 86 / VIELHA  
 info@hotelfonfreda.com / [www.hotelfonfreda.com](http://www.hotelfonfreda.com)

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1B	B / 50	26	NO



### ★★ HOTEL VIELLA

Tel. 973 64 02 75 / VIELHA  
 reservas@hotelviella.com / [www.hotelviella.com](http://www.hotelviella.com)

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1	120 - 130	107	YES



### ★ HOTEL BESIBERRI

Tel. 973 64 08 29 / ARTIES  
 info@hotelbesiberri.com / [www.hotelbesiberri.com](http://www.hotelbesiberri.com)

MEETING ROOMS	CAPACITY	TOTAL ROOMS	RESTAURANT
1B	B / 30	20	NO



**We specialize in:**

Design and production of custom events. Incentives for companies Team Building. Product Presentation. Corporate Meetings. Organization of competitions. Activities for guests with disabilities campus. Continuous training for managers.

**Activities:**

Winter sports (skiing, snowboarding, skiing, Downhill skiing ...). Winter sports adapted. Dog Sledding. Snowmobiles. Soccer Campus. Campus activities in the natural environment. Language Campus. Adventure sports. Outdoor activities. Wellness & Relax gastronomic routes. Gastronomic activities (hiking Skewers, wine tasting, and ...) Romanesque Road

**ALPS** focus on developing services:

- Design and Event Management
- Sports Management

Our philosophy: **Creativity, exclusivity and service** are our core values, to provide effective responses to the needs of our customers.

In ALPS develop exciting activities that serve as motivators and catalysts of the target, aimed at strengthening relations group. We think that the perception of a brand is based on several factors, customer experiences with the brand is essential. Unique and exciting experiences strongly deepen the public's view of the brand. All activities of ALPS are designed to provide maximum quality, originality, user satisfaction and enjoyment. Not to mention the safety aspects in all proposed activities and the appropriate degree of professionalism and our staff.

In addition to the proposals offered in this presentation, we can adapt and generate novel views activities requested by our customers. Discover the Val d'Aran, nature, wildlife, landscapes, is partly self-discovery, which is why we encourage you to come and meet him.



**ALPS ARAN**

Tel. 973 64 41 86  
SALARDÚ  
info@alpsaran.com  
alpsaran.com



Baqueira Beret travel agency, boasting more than 30 years of experience in the ski travel sector, offers you all the information you need for the organization of your stay in the snow: hotels, lift tickets, ski classes, last-minute deals, and, if you need us to, we will tailor a trip just for you. Baqueira Beret offers you customized attention capable of meeting every client's needs, whether for professional or leisure travel. Baqueira Beret has offices in Barcelona, Madrid, Toulouse, as well as in the Val d'Aran.



**BAQUEIRA BERET**

Tel. 973 639 000  
BAQUEIRA  
viajes@baqueira.es  
www.baqueira.es



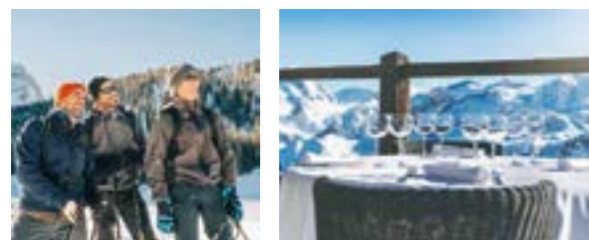
With a team of 100% ski lovers, Sun Ski Trips specialises in international clientele. We take care of activities, guides, accommodation, transport. You can count on a professional and dedicated team that will make sure you will experience the best of Baqueira.

Let us inspire you with a program that offers a mixture of nature, sports and high-quality gastronomy. Ideas and suggestions tailored to your needs. We can help you with all event-related aspects such as venue sourcing, team building and unique experiences.

Our goal is to exceed your event expectations; that's what we're here for, and that's why we will love you consider us for your next event! Contact us to live unique and memorable experiences and get the best of Baqueira and the Val d'Aran.

DMC, corporate ski trips, team building, incentive trips, product launches, experiences, meeting & conferences. 100% Baqueira experts Full service agency.

Wide range of services including flights, transfers, logistics and hotel bookings Conscious Events.



## SUN SKI TRIPS

Tel. 686 56 61 51  
 TREDOS  
 hello@sunskitrips.co  
[www.sunskitrips.com](http://www.sunskitrips.com)  
[www.sunskitrips.co.uk/es/](http://www.sunskitrips.co.uk/es/)

## EXCITING EVENTS



At EXCITING EVENTS, We specialize in organizing every detail of your commitment uniting transfers, restaurants, hotels, activities and wellcome desk in packaged mode or individually.

- Team Building
- Team Motivation
- Incentive & meetings
- Conventions and congresses
- AD/HOC programmes: Tours on 4wd - Snowshoeing Games - Olympic Games - Electric Bikes - Baqueira Ski Challenge and much more.

Our customers are our guarantee: Orangina & Schweppes International, Henkel, El Corte



Ingles Congresos, ING Direct, Rexam, AXA Winterthur, Allianz, RACC, Zurich, RPM Aventurismo, Jeep, Johnson & Johnson, Airbus, Mercedes Benz, Neurocirugía, Pepsico, Aknozobel, Kuoni, Forbo Floring, 4 Japan Touroperators

### CONVINCED TO CONVINC

**Our customers know what they want, why they should relax and enjoy the moment "carpe diem". Businesses are best treated under a friendly and relaxed atmosphere. We show you the most enthusiastic and exciting face of your project. We are a young, dynamic and very much experienced team.**



## EXCITING EVENTS

Tel. 660 16 44 67  
 VIELHA  
 info@excitingevents.net  
[www.excitingevents.net](http://www.excitingevents.net)

Agency with more than 20 years of experience, specialized in the Circular Route through the Refuges of the Aigüestortes i Estany de Sant Maurici National Park.



Offers:

- Carros de Foc guided route: Management and reservation of the route with a qualified High Mountain guide (3, 5, 6 days or route designed to suit for the user).
- Carros de Foc Individual Course: Refuge reservations according to the user's schedule.
- Carros de Foc Confort route: Management and booking of the route in comfort mode (hotel stay and luggage transport).
- Camin Reiau Route: Camin Reiau Route management and reservations (different route options: Naut Aran, Medio Aran, Bajo Aran, Entire Route).



### TREKKING CARROS DE FOC S.L.

Tel. 973 64 16 81 // 973 64 06 98  
VIELHA  
info@carrosdefoc.com  
info@caminreiau.cat  
info@refusonline.com  
[www.carrosdefoc.com](http://www.carrosdefoc.com)



VIAJES  
**PEDALES DEL MUNDO**  
NATURA-TRAVELS



Pedales del Mundo® is the pioneering agency specializing in the design and marketing of bike trips (MTB, road and gravel), starting our activity in 2005 with the already legendary name Pedals de Foc®.

We offer bike experiences to promote territories entirely: landscapes, gastronomy, culture, heritage. The perfect combination between sport and tourism to help enriching destinations both in the Iberian Peninsula and France. Choose your trip out of more than 20 proposals that we offer, and we will take care of all the arrangements so that you just enjoy yourself.



### PEDALES DEL MUNDO®

Tel. 973 64 36 62  
VIELHA  
pedales@pedalesdelmundo.com  
[www.pedalesdelmundo.com](http://www.pedalesdelmundo.com)

## ERA AUDIOVISUAU AJUNTAMENT DE VIELHA MIJARAN



MEETING ROOMS	CAPACITY
2A	A / 140 - A
1B	/ 40
	B / 25

**Room A:** Conference and Meeting Room

**Room B:** Adaptation of different rooms



### ERA AUDIOVISUAU AJUNTAMENT DE VIELHA E MIJARAN

Tel. 973 64 00 18

VIELHA

info@vielha-mijaran.org

www.vielha-mijaran.org

## ETEVA CONSELH GENERAU D'ARAN



We have the following Rooms:

### ROOM 1

The room measures 66m2 and is equipped with white board, permanent projector, screen and portable computer and tables and chairs for teachers and students. Capacity for **35 students**.

### ROOM 2

The room measures 66m2 and is equipped with white board, permanent projector, screen and portable computer and tables and chairs for teachers and students. Capacity for **35 students**.

### ROOM 3

The room measures 87m2 and is equipped with white board, projector (not fixed), screen and portable computer and tables and chairs for teachers and students. Capacity for **40 students**.

### PRESENTATION ROOM

The Presentation Room of ETEVA measures 128m2 and is equipped with white board, permanent projector, screen and portable computer and tables and chairs for teachers and students. Capacity for **85 students**.



The *Conselh Generau d'Aran* has been responsible for this authorized **educational center** since 2002. This center is part of the Education Department of the Generalitat de Catalunya and is used to teach the technical programs for sports instruction up to the superior level. The center has 3 class rooms.



### ETEVA

Tel. 973 64 45 95

SALARDÚ

informacion@eteva.org

www.eteva.org



- Warehouse Number 2 located in the Industrial Center of Vielha e Mijaran.
- The space measures 60m2.
- Capacity for 40 persons (seated).
- Independent lighting for different sections of room.
- Interactive Screen (brand Promethean).
- Overhead Projector.
- Wireless microphone system. Hardwood Floors.
- Automatic Curtains.
- Complete computer system with peripheral connections.
- Coffee Break Area.
- Parking.

MEETING ROOMS	CAPACITY
2A	A / 140 - A
1B	/ 40
	B / 25

**Room A:** Conference and Meeting Room

**Room B:** Adaptation of different rooms



## TESVA

Tel. 973 64 00 80  
 Polígono Industrial Vielha-Mijaran,  
 nave n° 2  
 VIELHA



Since 2017, the Val d'Aran has another convention room with a capacity of 500 people. It's a space located in the Church of Santa Maria de Mijaran which was built in 1999 on the remains of the hermitage of Mijaran, built in 1938.

This space is located very near the center of Vielha and its the biggest convention room in the Val d'Aran. It has wifi, and optionally screen and projector.



Sala de Congresos y Reuniones

## MIJARAN

Conselh Generau d'Aran  
 Tel. 973 64 06 88  
 torisme@aran.org  
[www.visitvaldaran.com](http://www.visitvaldaran.com)



**Baqueira Beret is the Val d'Aran's ski resort.** It offers a wide variety of runs and fascinating routes, constituting one of Spain's largest skiable areas. The resort consists of three major zones: Baqueira, Beret and Bonaigua, which cover a total of 2.273 hectares of skiable surface area. There are runs for skiers of all levels, starting at the 1.500-meter elevation level, which ranges up to 2.610 meters.



**PRACTICAL INFORMATION:**

- 2.273 ha of skiable surface area
- 170 skiable kilometers
- 113 runs
- 3 itineraries (5 km)
- A 7-km cross-country skiing route
- Snowpark and Slalom Stadium
- 36 ski lifts
- Transport capacity: 61.024 people/hour



**BAQUEIRA BERET**

Tel. 973 639 000  
BAQUEIRA  
baqueira@baqueira.es  
[www.baqueira.es](http://www.baqueira.es)



**Activities:** hiking, guided trekking and self-guided with transport of luggage.  
**Season:** Around of middle of May | Summer | At the beginning of the October.  
**Activities:** ascents, rafting, hydrospeed, horse riding, ice-skating, adventure parks.  
**Season:** Summer, from July 1 to Setember 12.  
**Activities:** mountaineering ski and snowshoes.  
**Season:** Winter and At the beginning of the Spring.



**Our hiking routes in the Val D'Aran:** Setau Sageth, Encantats, Gran Bucle, Via Calda and Tour del Aneto.

Since 1986, CAMINS has consisted of a group of sports technicians and Professional Mountain Guides, all they qualified, with a long experience in the conduction and pedagogy of different sportive activities of mountain and nature. Since her start, we are specialized in hiking, trekking, ascents and canyoning between other activities like rafting, hydrospeed, horse riding, ice-skating, adventure parks and multiadventure. All the guides talk Spanish, Catalan, French and English.



**CAMINS (MOUNTAIN QUALITY, S.L.)**

Tel. 973 64 24 44  
VIELHA  
camins@camins.net  
info@andandosinequipaje.com  
**camins.net**  
[www.andandosinequipaje.com](http://www.andandosinequipaje.com)



NAUT VIAJES / ARANEXPERIENCE has been for over 15 years a company specialized in the organization of events, meetings, incentive trips, product launch, teamwork, group dynamics, etc. We rely on a multidisciplinary team with extensive experience in planning, coordinating and organizing events, taking care of even the smallest detail to guarantee its success.

Often, holding these types of actions is a big bet on the part of the companies, that are seeking to increase the motivation of their workers and the loyalty of their clients. Many times these events are an award for their good work in achieving institutional or commercial objectives. This type of trip always has a special attraction, since it fosters enthusiasm and cooperation between the people who take part in it. The unique experiences they share build strong personal bonds.

In NAUT VIAJES / Aranexperience, each program we design for this type of trip is a real challenge. Our commitment consists in balancing work, fun and, above all, the creative and surprising element, tailored to the values and objectives of each firm and to what they aim to communicate and transmit. This leads us to always be searching for new alternatives and create exclusive activities for each company

Our programs always include some of the experiences that nobody can miss during their stay in the Val d'Aran and Baqueira Beret. For example, in the winter:  
 Snowmobile tour. Oog sledding tour.  
 Horse drawn sled Tour  
 Learn to drive your own dog sled. Team building igloos competition. Snowshoe excursion

Competition between teams in a circuit of activities in the snow.



In summer or spring rafting, canyoning, multi-adventure circuits, hiking or orientation activities, among others, can be great experiences to achieve the trip's goals.

We always try to value the features that make this territory so unique by presenting its rich cultural heritage:

Guided visit to the Valley's Romanesque Churches.  
 Traditional Aranese dances.

Gastronomic tastings of local products.

We work side by side with our clients in order to generate a great sense of trust, belonging and loyalty to the company, its products and its values.

We take pride in our client's trust and loyalty, coming back, year after year, challenging our creativity once more in pursuit of their goals.

If you want your company group, employees or customers to have a unique experience in the Val d'Aran or in Baqueira, contact us and dare to challenge us by creating a new Aranexperience.



## NAUT VIAJES/ ARANEXPERIENCE

Tel. 973 64 00 87  
 reservas@nautviajes.com  
 www.aranexperience.com



Deportur offers business organizations what they desire, the possibility of hold their business meetings such as Courses, Incentives, Conferences, Congresses, etc. in a unique environment.

We are able to offer a wide variety of activities based on Sport and Adventure always in accord with the meeting programs scheduled for each group.

We rely on our Activity Center in Les as the location to hold these events. In addition, we have extensive experience organizing events throughout the Val d'Aran.

Our company is in operation year round and thus has a wide variety of mountain and water sport activities from the Spring to the Autumn as well as snow based sports in the Winter. Moreover, we offer opportunities to experience the Aranese culture through its Romanesque Architecture, Museums, Gastronomy, Spas...

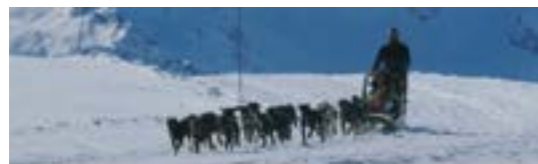
We understand the value of specialized client services and we work hard to satisfy. We have the best equipment on the market which ensures a high standard of operation and safety. This, combined with the personal relationships developed with our specialized staff and monitors ensures a perfect experience.



## DEPORTUR

Tel. 973 64 70 45  
 LES  
 deportur@deportur.com  
 www.deportur.com





Montgarri Outdoor will bring you to a whole new world of experiences beyond the ski slopes.

We were the first sled dog and snowmobile tour company in the Valley de Aran. We have qualified instructors and we offer the best safety record. Our base of operations is located next to the ski slopes in the Pla de Beret.

To offer a wide range of possibilities we have 4 sleds of 3 seats each, 5 singles and 12 snowmobile last generation.

Our experience and knowledge of the world of mushing and high mountain, will allow you to live an unforgettable adventure in the Val d'Aran.

**Activities:** Sled dog and snowmobile tours, snowshoeing, cross country skiing.

**Season:** Winter.



**MONTGARRI  
OUTDOOR**

Tel. 616 772 105  
VIELHA  
aranmushing@gmail.com  
[www.montgarri.com](http://www.montgarri.com)



**HÍPICA VAL D'ARAN**

Tel. 629 46 38 05 VIELHA  
sascumes@hotmail.es  
[www.aranequitacion.com](http://www.aranequitacion.com)

**SERVICES OFFERED:**

**SUMMER:**

Horse Riding Excursions and Courses

**WINTER:**

Horse Riding Excursions.

Horse driven Sleigh Rides (Exclusive and unique throughout Spain).



**PALAI DE GÈU**

Tel. 973 64 28 64  
VIELHA  
palaidegeu@palaidegeu.com  
[www.palaidegeu.com](http://www.palaidegeu.com)

**SERVICES OFFERED:**

Ice Skating Rink, Swimming Pool, Gym, Aerobics Room, Spinning Room, Body / Mind Room, Tatami / Karate Room, Bouldering Room.



The catering company URTAU, founded more than 50 years ago in the Val d'Aran, now offers its service for events, totally tailored to cover each client's needs. It offers a service staffed by professionals who, after evaluating the client's requirements, offer him or her personalized possibilities. They not only take delivery of the catering service, but also help to locate the top event experts for each service, to ensure that every event is a complete success.

**Location**

They have a tasting room accommodating groups of up to 20. But what really stands out about them is that they travel anywhere to make every event something unique, not being restricted to one location.

**Kitchen and wine cellar**

They can serve up to 200 people, with all jobs adapted to meet the client's specific needs:

- Tastings and product presentations
- Lunches or gala dinners
- Informal lunches or dinners (in the countryside, nightlife spots.)
- Show cooking
- Breakfasts and afternoon snacks
- Coffee break service
- Picnics in the mountains
- Catering services for heliski excursions



**Comprehensive service**

The company is dedicated to catering, but works in collaboration with event organization companies that help it to satisfy its clients in the planning and execution of events, like helicopter rides including picnics, gala dinners in the mountains, etc



**URTAU-CATERING**

Tel. 973 644 421  
ARTIES  
info@urtau.com monica@urtau.com  
[www.urtau.com](http://www.urtau.com)



Company dedicated to food service and organization of events in the Val d'Aran.

**Services offered:**

Homemade meals, banquets, appetizers, snacks, picnics, groups and other services.



**CATERING D'ARAN**

Tel. 973 64 17 03  
GAUSAC  
cateringaran@cateringaran.com  
[catering-daran.negocio.site](http://catering-daran.negocio.site)

In a magnificent natural setting, and throughout the year, in the Val d'Aran you will find all the recreational opportunities the mountains offer to round out your business meetings or seminars.

### SNOW



#### SKIING

A must for your incentive trips and meetings if you visit the Val d'Aran in the winter is a day of skiing at Baqueira Beret. In the area you will find schools covering all the different types of skiing: downhill, telemark, cross-country, snowboarding, etc. If you prefer, guided excursions or "safaris" are also offered, which will take you to visit the most overlooked and least-visited corners of the resort, and those with the best snow.

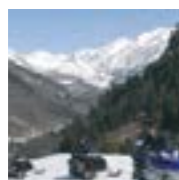


#### HELI-SKI / HELI-BOARD

Backcountry heli-skiing and boarding in world class mountain landscapes. Flying in the helicopter to the highest peaks of the Val d'Aran our guests will enjoy the beauty of this mountain region and will find delight in riding on the virgin snow accompanied by specialized guides.

##### Information and reservations

**PYRENEES HELISKI.**  
www.pyrenees-heliski.pro/es



#### SNOWMOBILING

Accompanied by monitors throughout the route our guests have the opportunity to visit some of the most hidden corners of the Val d'Aran. There is the option for half day, sunset and nighttime excursions! The company provides all necessary equipment to ensure the activity becomes an unforgettable experience.

##### Information and reservations

**HOTEL-BALNEARIO BANHS DE TREDOS**  
www.banhsdetredos.com  
**MONTGARRI OUTDOOR.**  
www.montgarri.com



#### DOG SLEDDING / MUSHING

This exciting option takes our guests to visit the abandoned village of Montgarri on sledding excursions accompanied by a monitor or, for the more courageous; there is the option of driving the sled and dogs without a monitor!

##### Information and reservations

**MONTGARRI OUTDOOR.**  
www.montgarri.com



#### HORSE DRAWN SLEIGHS

The Nordic Sleighs pulled by indigenous Hispano-Bretona horses allow our guests a different view of this marvelous area given the increased visibility from the height of the sleigh. The scenery transforms and profound silence abounds upon entering the forest. The silence is broken only by soft sounds of the bells.

##### Information and reservations

**HIPICA VAL D'ARAN.**  
www.aranequitacion.com



#### GUIDED SNOWSHOEING AND SKI TOURING

Snow conditions during a great part of the winter in the Val d'Aran, the wide variety of routes available and the numerous specialized guiding services are the keys to enjoying these two activities while discovering areas which would otherwise be unseen. There are routes for all levels.

##### Information and reservations

**ARANEXPERIENCE** www.aranexperience.com  
**CALAFATE** www.calafateskicenter.com  
**CAMINS** camins.net  
**CARROS DE FOC** www.carrosdefoc.com  
**ERA ESCOLA** www.eraescola.com  
**EXCITING PYRENEES** excitingevents.net  
**MOUNTAIN LINES** mtnlines.com  
**MONTGARRI OUTDOOR** www.montgarri.com  
**PIRENE 430** pirene430.com  
**PYRENEES HELISKI** www.pyrenees-heliski.pro  
**ROGER MOUNTAIN GUIDES** www.rogermountainguide.com  
**TUC MOUNTAIN GUIDES** www.tucmountainguides.com



#### IGLOO CONSTRUCTION

Discover the excitement of building your own igloo. The activity is designed to be done in a teamwork fashion.

##### Information and reservations

**EXCITING PYRENEES** www.excitingevents.net

### ON LAND



#### GUIDED HIKES

In the Val d'Aran and the Aigüestortes and Sant Maurici Lake National Park you can find itineraries which are not difficult and to the contrary invite time for easy contemplation. Or those who wish to experience a challenge there are peak climbs of all levels which reach their maximum expression in summiting the peaks over 3000 meters in altitude. The Val d'Aran and its more than 300 km of trails ensure a great variety of options.

##### Information and reservations

**ALTISPORT** www.altisportaventura.com  
**ARAN CULTURAU** www.aranculturau.com  
**ARAN EXPERIENCE** www.aranexperience.es  
**CALAFATE** www.calafateskicenter.com  
**CAMINS** camins.net  
**CARROS DE FOC** www.carrosdefoc.com  
**DEPORTUR** www.deportur.com  
**EXCITING PYRENEES** www.excitingevents.net  
**PIRENE430** www.pirene430.com  
**RAMAT DE CAMINS** www.ramatdecamins.cat  
**RICARD NATURA CULTURA** www.ricardnaturacultura.com  
**ROGER MOUNTAIN GUIDES** www.rogermountainguide.com  
**TUC MOUNTAIN GUIDES** www.tucmountainguides.com  
**VERD E BLU** www.verdeblu.cat



### GUIDED MOUNTAIN BIKING AND BICYCLE TOURING TOURS

The Val d'Aran is home to more than 800 Km of marked and certified routes. Accessible by all types of riders from a modest and peaceful ride to the sheeresst.

#### Information and reservations

**ARAN BIKE PARKS** [www.aranbikeparks.es](http://www.aranbikeparks.es)  
**ARANEXPERIENCE** [www.aranexperience.com](http://www.aranexperience.com)  
**CALAFATE SKI CENTER** [www.calafateskicenter.com](http://www.calafateskicenter.com)  
**COPOS BIKE** [www.coposbike.com](http://www.coposbike.com)  
**ELECTRIC RIDERS** [www.electricriders.net](http://www.electricriders.net)  
**EXCITINGBIKE** [www.excitingevents.net](http://www.excitingevents.net)  
**LARIDER** [laridershop.com](http://laridershop.com)  
**MONITOR BAQUEIRA** [monitorbaqueira.com](http://monitorbaqueira.com)  
**MOUNTAIN LINES** [mtnlines.com](http://mtnlines.com)  
**NO PARAR** [noparar.es](http://noparar.es)  
**PEDALES DEL MUNDO** [www.pedalesdelmundo.com](http://www.pedalesdelmundo.com)



### HORSEBACK RIDING

Horseback riding 1, 2 or 3 hours, overnight tripss, classes,...

#### Information and reservations

**HÍPICA VAL D'ARAN** [www.aranequitacion.com](http://www.aranequitacion.com)



### ELECTRIC MOTORCYCLES

New activity where we find from a trial motorcycle school to the possibility of enjoying a guided tour.

#### Information and reservations

**ELECTRIC RIDERS** [www.electricriders.net](http://www.electricriders.net)

## ON THE WATER



### RAFTING AND OTHER AQUATIC ACTIVITIES

When the snow melts the river become the ideal location to practice exhilarating sports like rafting, kayaking and canyoning.

#### Information and reservations

**ALTISPORT** [www.altisportaventura.com](http://www.altisportaventura.com)  
**DEPORTUR** [www.deportur.com](http://www.deportur.com)

## UNIQUE SPACES



### ARAN PARK

New fauna park in the spectacular Port del Portilhon. Visitors will be able to view different species of animals in semi-freedom such as white and gray wolves, bears, deer, lynx and marmot along different themed paths...

#### Information and reservations

**ARAN PARK** [www.aran-park.es](http://www.aran-park.es)



### NATURARAN

Is the new adventure paradise located at the top of large trees. Composed of different circuits composed of zip lines, Tibetan bridges, climbing walls, etc. It is an ideal park for beginners as well as those who are addicted to strong doses of adrenaline.

#### Information and reservations

**DEPORTUR** [www.deportur.com](http://www.deportur.com)



### ÒC BIKE

Val d'Aran has 3 areas where we can find fun downhill circuits.

**Bòsc de Baricauba- Bassa d'Oles:** Spectacular downhill (DH) tours lovers. Built with wooden bridges, jumps and curves along two itineraries with different levels of difficulty. Located in the heart of the Bòsc de Baricauba, with the start from the Bassa d'Oles. Access is free although it is recommended to with the help of experts.

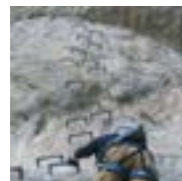
#### Information and reservations

**ARAN BIKE PARKS** [www.aranbikeparks.es](http://www.aranbikeparks.es)  
**ARAN EXPERIENCE** [www.aranexperience.com](http://www.aranexperience.com)  
**BAQUEIRA BERET** [www.baqueira.es](http://www.baqueira.es)  
**CALAFATE SKI CENTER** [www.calafateskicenter.com](http://www.calafateskicenter.com)  
**COPOS BIKE** [www.coposbike.com](http://www.coposbike.com)  
**ESCUELA SKI BAQUEIRA** [www.escuelaskibaqueira.com](http://www.escuelaskibaqueira.com)  
**EXCITINGBIKE** [www.excitingevents.net](http://www.excitingevents.net)  
**LARIDER** [laridershop.com](http://laridershop.com)  
**MOUNTAIN LINES** [mtnlines.com](http://mtnlines.com)  
**NO PARAR** [noparar.es](http://noparar.es)  
**PEDALES DEL MUNDO** [www.pedalesdelmundo.com](http://www.pedalesdelmundo.com)

**Enduromies:** Area created for the practice of Enduro located in an unforgettable place with natural descents that run by old trucks recovered and adapted for use in MTB.

**Baqueira Beret:** It offers two areas: Baqueira - TSD del Bosque, where we enjoi a thrilling downhill area for beginners, in blue and green levels, with a total drop of 300 m. Beret- TSD Clòt der Os, an easy route (green level) where the new lift brings us to the downhill starting point, placed in the Fun Park.

## 20 IDEAS FOR ACTIVITIES



### VIA FERRATA

Only for those who love strong emotions. In the Val d'Aran you'll find 6 climbing routes.

**Eth Taro d'Arties** with 330 m length and 100m positive difference with difficulty 4K+.

Le **Circ du Soleil** e le **Circ de la lune** (Arties) are two twin climbing routes considered to be of great difficulty (K7+, K7) only recommended for professionals with a lot of experience.

**Ferrata de Les** with 450m length and 150m positive difference with two parts (the lower one just addressed to expert people and the higher one to everybody).

**Torre de Cledes** with a total length of 120m and a drop of 80m with an initiation itinerary.

**Eth Pui d'Unha** its length is 800 m and it elevates up to 500 m. It is divided in three parts, whose first is the initiation route, perfect for children. The access to all of them is free, although it is highly recommended to do them with an expert, for their proper execution (guides and rental are available).

#### Information and reservations

**ARAN EXPERIENCE.** [www.aranexperience.com](http://www.aranexperience.com)

**CALAFATE** [www.calafateskicenter.com](http://www.calafateskicenter.com)

**CAMINS.** [www.camins.net](http://www.camins.net)

**DEPORTUR.** [www.deportur.com](http://www.deportur.com)

**EXCITING PYRENEES.** [www.excitingevents.net](http://www.excitingevents.net)

**ROGER MOUNTAIN GUIDES** [www.rogermountainguide.com](http://www.rogermountainguide.com)

**TUC MOUNTAIN GUIDES.** [www.tucmountainguides.com](http://www.tucmountainguides.com)



### PALAI DE GÈU

Located in Vielha, the Palai de Gèu is a sports complex featuring a range of facilities, swimming pools, gymnasiums, climbing walls, etc., with its 1,456 m2 skating rink being a highlight. It is a perfect venue for teambuilding activities.



### SPAS HEALTH AND BEAUTY

What could be better than a complete session of thermal baths after an exhausting day of meetings? Bubble

hot tubs, a-la-carte massages, or showers with moisturizing cream. The Val d'Aran lists 16 hotel establishments with spas at which to take care of your body and mind. In the Val d'Aran you also have the chance to immerse yourself in the spas' sulfur-rich waters (captured over 300 meters down,

and emanating at more than 30 °C) featuring medicinal properties that make them an advisable choice for anyone.

#### Spa facilities in the Val d'Aran:

**AGUAS TERMALES ARTIES** [www.aguastermalesarties.es](http://www.aguastermalesarties.es)

**TERMAS ERA BARONÍA DE LES**

[www.termasbaroniatedeles.com](http://www.termasbaroniatedeles.com)



### CULTURAL VISITS

The Val d'Aran has known how to conserve its linguistic, artistic and cultural heritage. This patrimony has integrated with the natural landscape creating routes which reveal the history of the country and its great artistic heritage of which the Romanesque and Gothic patrimony (unique in the world) stand out.

#### Information and reservations

**ARAN CULTURAU** [www.aranculturau.com](http://www.aranculturau.com)

**CAMINS** [camins.net](http://camins.net)

**EXCITING PYRENEES** [www.excitingevents.net](http://www.excitingevents.net)

**PIRENE430** [www.pirene430.com](http://www.pirene430.com)

**RICARD NATURA CULTURA** [www.ricardnaturacultura.com](http://www.ricardnaturacultura.com)

**ROGER MOUNTAIN GUIDES** [www.rogermountainguide.com](http://www.rogermountainguide.com)

**TUC MOUNTAIN GUIDES** [www.tucmountainguides.com](http://www.tucmountainguides.com)

**VERD E BLU** [www.verdeblu.es](http://www.verdeblu.es)

## 20 IDEAS FOR ACTIVITIES

### CUISINE



There is a broad variety of options to choose from to organize a meal in the Val d'Aran. These range from restaurants offering typical local cuisine, including traditional dishes like olha aranese, patès, game meat stews, to miniature offerings in the form of pintxos, served up by a great number of establishments in the area, a new trend that makes it possible to add a new twist to the lunch or dinner you wish to organize.

In addition to the area's renowned and cozy restaurants, the Val d'Aran features catering companies prepared to serve up the most delicious delicacies, even in the most remote places imaginable, from the mountain peaks only reachable by helicopter, to refuges up at 2,500 meters, in forests, overlooking lakes, or at the end of a wonderful snowshoeing outing.

### THE FINEST CUISINE AT THE FINEST RESTAURANTS

Below we present the area's best restaurants that can accommodate over 120 guests:

#### • RESTAURANTS AT THE BAQUEIRA BERET SKI RESORT:

A little stop along the way to have a coffee, a soda or a snack at one of the resort's wonderful terraces. Or a longer, more relaxed pause to enjoy an exquisite a-la-carte or set lunch at one of the restaurants located along the ski runs. The resort offers a total of 17 dining and refreshment facilities: restaurants, tents, pàrrecs (cabins), barralhs (canopies) and self-service cafeterias. From a small snack to the utmost in luxury, the **Orri Moet Winter Lounge** has become one of the winter resort's iconic restaurants. With a capacity for 70, and boasting a unique setting, it offers just the right venue for your incentive events and meetings. In the area of Bonaigua and with a capacity for 120, also of note is the **Refugio de San Miguel**, a modern, cozy establishment warmed by a fireplace. This is a beerhouse that has also specialized in serving up a selection of fine tapas, and also offers guests the chance to hold exclusive dinners and celebrations, with a DJ on hand to liven up the event.

**Baqueira Beret. Tel: 973 63 90 01 [www.baqueira.es](http://www.baqueira.es)**



### EL BOSQUE RESTAURANT

Located in the Hotel Santos Val de Neu\*\*\*\*, El Bosque offers high-quality market cuisine featuring a careful selection of the finest local products. Enjoy its cozy

atmosphere, with the decor in wood and slate, along with the most exquisite touches. Without a doubt, a luxurious refuge worthy of the most refined palates.

**Capacity: 180 diners**  
**BAQUEIRA : Tel. 973 63 50 00**  
**[www.hotelvaldeneu@h-santos.es](mailto:www.hotelvaldeneu@h-santos.es)**



### DON GASPAR DE PORTOLAN RESTAURANT

The restaurant located at the National Parador of the same name, is known for its local architecture. It's located at the Casa de Oon Gaspar de Portola, named after the man who

discovered California. It offers cuisine influenced by regional specialties such as Aranese stew, Llosa trout, wild boar stew or pescajus of Arties

**Capacity: 200 diners**  
**ARTIES : Tel. 973 64 08 01**  
**[www.parador.es](http://www.parador.es)**



### ES BORDES DERA ARTIGA

Only 10 km from the ski resort and 4 km from the Arties village, an idyllic setting surrounded by peaks of 3000 meters, it is located on an old and typical mountain hut.

Capacity: 220 diners  
ARTIES : Tel: 973 644364  
[www.hotelcasairene.com](http://www.hotelcasairene.com)



### HOTEL TUCA

Located just 1 km from Vielha, capital of the Val d'Aran, they have meeting rooms, as well as menus of all kinds. Specialized in regional, national and market cuisine.

Capacity: 150 diners  
BETREN: Tel: 973 64 07 00  
[www.hoteltuca.com](http://www.hoteltuca.com)



### PARADOR DE VIELHA

1 km from Vielha, this restaurant located in the Parador. Offers unbeatable panoramic views, and these are even more spectacular from its circular glass-enclosed restaurant. With specialties in local gastronomy, it also offers all kinds of elaborate menus.

Capacity: 400 diners  
VIELHA: Tel: 973 64 01 00  
[www.parador.es](http://www.parador.es)



### GEL AL FOC RESTAURANT

Located in the Hotel Eurostars La Pleta \*\*\*\*\* within the ski resort of Baqueira-Beret. This exclusive refuge with fantastic views of the Pyrenees offers a magnificent market cuisine where you can enjoy a wide variety of high quality dishes.

Capacity: 120 diners  
BAQUEIRA: Tel. 973 64 55 50  
[www.eurostarslapleta.com](http://www.eurostarslapleta.com)



### ERA COQUELA RESTAURANT

Located in Vielha, where you can enjoy an extensive menu of traditional Aranese cuisine, which stands out for its flavour and quality.

Capacity: 120 diners  
VIELHA: Tel. 973 64 29 15  
[www.eracoquela.com](http://www.eracoquela.com)



### LA PERDIU BLANCA RESTAURANT

Located at the foot of the slopes of Baqueira Beret, inside the Hotel Montarto \*\*\*\*. La Perdiu Blanca has a long proven history when it comes to serving Good meals for all those who come to Baqueira. Practice a cuisine

for all palates, based on the Aranese tradition, but also with classic dishes of Mediterranean cuisine.

Capacity: 180 diners  
BAQUEIRA: Tel. 973 63 90 01  
[www.baqueira.es/restaurantes/restaurante-la-perdiu-blanca](http://www.baqueira.es/restaurantes/restaurante-la-perdiu-blanca)

## CULINARY TOURS



### CAVIAR NACARII

Discover the world of the flavors and pleasures that the czars and high French aristocracy once enjoyed through a visit to the Caviar Nacarii production center in the Val d'Aran. During the guided tour you will learn about the origins, history and culture

of caviar, as well as the current production of what we call "gastronomy's black diamonds." You also have the opportunity to enjoy a guided tour + caviar tasting.  
[www.caviarnacarii.com](http://www.caviarnacarii.com)



### "HORMATGERIA TARRAU" CHEESERY

In the town of Baguerque, at an elevation of 1,419 meters, cheeses are made at the Hormatgeria Tarrau, where you can learn how it is done - and taste them too.

[www.quesosdelvalledearan.com](http://www.quesosdelvalledearan.com)



### TECHNICAL CHART

Population: 10.295  
Capital: Vielha, 900 m.  
Area: 633,6 km<sup>2</sup>  
Official Languages: Aranés, Catalán y Castellano  
Maximum Elevation: Molieres: 3.010 m.



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Tel. 00 34 973 64 06 88  
ancb@aran.org  
[www.visitvaldaran.com](http://www.visitvaldaran.com)



## VAL D'ARAN TOURISM OFFICES

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Sarriulera, 10  
Tel. 00 34 973640110  
o.torisme@aran.org  
[www.visitvaldaran.com](http://www.visitvaldaran.com)

### SALARDÚ

Traussa de Balmes, 2  
Tel. 00 34 973645197  
o.s.torisme@aran.org  
[www.visitvaldaran.com](http://www.visitvaldaran.com)

### TOULOUSE

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[toulouse.aran-baqueira@aran.org](mailto:toulouse.aran-baqueira@aran.org)

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