





VAL D'ARAN
Era essência dos Pirenêus

VAL d'ARAN

IN 7 DAYS



VAL d'ARAN

-  Rota romana d'Aran
-  Tourist information
-  Bus stop
-  Scenic viewpoint



VAL D'ARAN
Era essència des Pirenèus



Conselh Generau d'Aran

Tourist information

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Day 1



1 We begin our tour of the Val d'Aran in **Bausen**, one of the villages that can brag of having preserved its authenticity and natural beauty. From here we can discover the curious civil cemetery of Teresa and its beautiful legend.



2 From Bausen, the approximately two-hour route starts at **Bòsc de Carlac**, one of the most important beech forests in the Val d'Aran, a must-see all year round, especially in autumn.




3 4 We will then head for the **Val de Toran**, one of the most unknown and wildest areas of the valley, where we can discover the villages of **Canejan**, and its impressive panoramic views of the Baish Aran and **Sant Joan de Toran**, where time seems to have stood still.




5

To end the day, we will take a stroll through the streets of the village of **Les**, where in its square, next to the church, we can discover the Haro, a tall fir tree trunk that is burnt every year on the night of Sant Joan, in an age-old celebration that in 2015 was declared Intangible Cultural Heritage by Unesco. It is also worth taking a walk to the beautiful Romanesque chapel of Sant Blas, through the old quarter of Les.

Day 2

6

We will start the day visiting the village of **Bossòst**, where we will see the magnificent church of Era Mair de Diu dera Purificacion (12th century), one of the best examples of Aranese Romanesque architecture, and its beautiful old town dotted with small hermitages, which, according to legend, were built to protect the village. Climbing to the mythical Portilhon Pass, just 6 kilometres from Bossòst, we reach the **Aran Park** wildlife park, where we can see native animals such as marmots, bears and deer in semi-freedom.



7

The next stop will be in the village of **Es Bòrdes**, where we will visit the ruins of the fortress of Castèth Leon, the centre of royal power and the most important fortification in the valley in medieval and modern times.



8 Then, along an asphalted forest track of approximately 7 kms, we will enter the **Artiga de Lin**, a spectacular high mountain environment, where through a circuit on foot of approximately one hour, we will discover the spectacular rebirth of the waters of the river Joeu, coming from the thawing of the glacier of Aneto, which after circulating underground for 4 Kms, reappear in the **Uelhs deth Joeu**, giving rise to a natural spectacle of water, cascades and surprising waterfalls.



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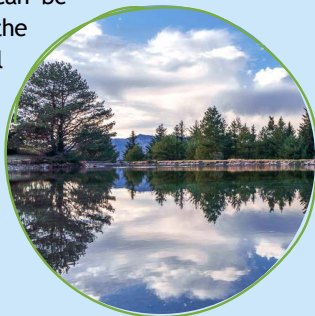
The day will continue with a visit to the magnificent **Varicauva** forest and the **Bassa d'Oles**, a pond with a beautiful promenade around it, which can be reached by car.



Day 3

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We will leave in the direction of Bassa de Arres, the point where we will start the excursion of approximately 1 hour that will take us to one of the most important and best preserved zinc mines in the valley, the Victoria Mine, which was closed in 1953 and which can be visited today during the summer months. At the end of the visit, we will walk through the small villages of Arres de Sus and Arres de Jos, where we will find the photogenic church of San Juan (18th century), located between the two villages.



11

We will continue the route visiting one of the most captivating municipalities, Vilamòs, which according to legend is the oldest village in the valley. Strolling through its streets we will discover the Romanesque church of Santa Maria (12th century), the washing place, the lime kiln and the “mestièr”, where horses were shod and treated. The unique Ecomusèu Çò de Joanchiquet, which is well worth a visit, will give us a close-up view of the traditional Aranese way of life until the mid-20th century.



12

In the afternoon we will head for the Saut deth Pish, in the Val de Varradòs, along a narrow and winding tarmac track with incredible views of the Aneto and the Maladeta, which will lead us to this wonderful spectacle of nature formed by two waterfalls that have their moment of splendour during the spring; the main and most spectacular one is about 15-20 metres high, and the lower is about 5 metres.



Day 4

13

First thing in the morning we will set off for Conangles, at the southern mouth of the Vielha Tunnel, for a couple of hours' excursion through the Val de Molières, where, as well as seeing two beautiful waterfalls, we can enjoy a walk through one of the most beautiful beech forests in the Val d'Aran.



14

At the end of our visit, we will continue to Vilac, where we will visit this charming village, with the church of Sant Fèlix (12th-13th century) and its magnificent panoramic views of the municipality of Vielha, with the Sarrahèra Peak and the Vielha Pass behind it. Its church and bell tower can be visited during the summer months.



15

On the way to Vielha, we will stop in Mijaran to visit the Romanesque ruins of the sanctuary of Santa Maria de Mijaran (12th century) and the Pèira de Mijaran, a prehistoric monolith, in the vicinity of which a Bronze Age burial site was found, dated 1400-1200 BC, whose grave goods are kept at the Val d'Aran Museum.

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On arrival in Vielha, the capital of Aran, we will visit the old quarter, where we will find the church of Sant Miquèu, the Val d'Aran Museum, the Çò de Rodès manor house, the Wool Factory and the Plaça d'Aran, where the headquarters of the Conselh Generau d'Aran and the monument to the Aranese Language and Culture are located.



Day 5

17



We will go to the village of **Escunhau**, where we will be able to contemplate the Romanesque church of Sant Pèir from the 11th-12th century, which can be visited during the summer months, as well as the Renaissance façade of Çò de PèirJoan, (16th century).

18



We will continue to **Arties**, considered one of the most beautiful villages in Spain, which, presided over by the spectacular peak of **Montardo**, is one of the most photographed places in the valley. Its colourful streets include the Romanesque church of Santa Maria (12th century), with its magnificent mural paintings, the Church-Museum of Sant Joan (13th century) and its historic Renaissance houses.

19



We will then head for the village of **Salardú**, capital of Naut Aran. There we can visit the church of Sant Andrèu (13th century), the main square, the Querimònia Monument and the Mòla (a mill that can only be visited during the summer).



20



We will continue visiting some of the most charming villages in the Val d'Aran, **Unha** and **Bagergue**, which stand out for their rich heritage, reflected in their respective churches, considered outstanding examples of the artistic heritage of Aran.



In **Unha** we can't miss the **Nhèu Museum**, dedicated to the mountain and snow. And in Bagergue, which is not only the highest village in the valley, but is also listed as one of the most beautiful villages in Spain, we will take a walk to discover its charming corners. Among its streets, we will find the Musèu deth Corrau, which exhibits original objects that were used in the Val d'Aran in the past.



Day 6

21

Full day to discover the **Circ de Colomèrs**, a spectacular natural amphitheatre located at one of the entrances to the **Aigüestortes i Estany de Sant Maurici National Park** through the Val d'Aran.



This route, considered one of the most impressive in the **Pyrenees**, will allow us to discover this glacial cirque, formed by peaks of around 3,000 metres in altitude, lakes, lagoons, pools and rivers.



We recommend the classic route, which passes through the 7 lower lakes (hiking route of approximately 4-5 hours).

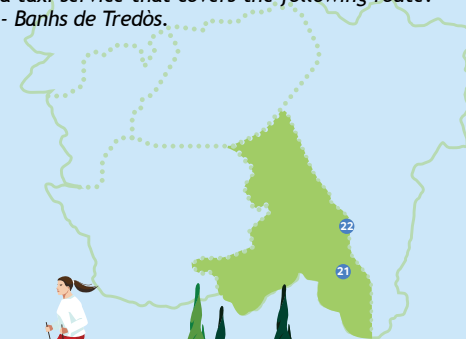
** During the summer months there is a taxi service that covers the following route: Banhs de Tredòs - Crotze de Colomèrs - Banhs de Tredòs.*



22



Access to the starting point of the excursion is via the asphalted forest track from the village of Salardú and into the **Val d'Aiguamòg** to the Banhs de Tredòs, considered to be the highest spa hotel in Europe (1,740 m).



Day 7

23

We will head towards **Plan de Beret**, where we will be welcomed by numerous archaeological remains from the Bronze and Iron Ages. As we advance along the plateau, we will be able to see the facilities of the **Baqueira Beret ski resort**, which in summer puts the Clòt der Os chairlift into operation so that we can climb to the top of the mountain and contemplate the landscape, or go hiking or cycling at altitude. A site where the source of the Garona and Noguera Pallaresa rivers is located, Plan de Beret is also the starting point for the excursion to **the emblematic sanctuary of Montgarri**, founded in the years 1117-19. In the surrounding area there was a small population centre, which became uninhabited in the 1950s due to its isolation and the harsh living conditions, especially in the winter months. With a total distance of 12 km, this circular route can be done on foot or by car

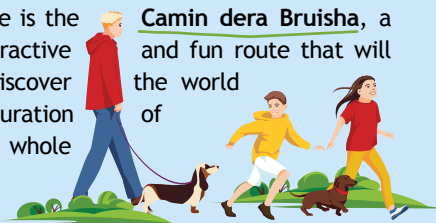


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At the end of this excursion, we will go to **Tredòs**, a small village in Naut Aran that has many charming spots, such as the Romanesque church of Santa Maria de Cap d'Aran, its beautiful waterfall and its elaborate wooden sculptures. In addition, parallel to the Garonne, there is the **Camin dera Bruisha**, a themed, interactive and fun route that will allow us to discover the world of

of witches. With an approximate duration of 45'- 1 h. on foot, it is ideal for the whole family.



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